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estimated
LOTTO 649

TWITTER SPAT
TONY CLEMENT SQUABBLES WITH A TEENAGER {page 4}

THATCHERITES GIVE FILM'S IRON LADY A STEELY RECEPTION {page 15}

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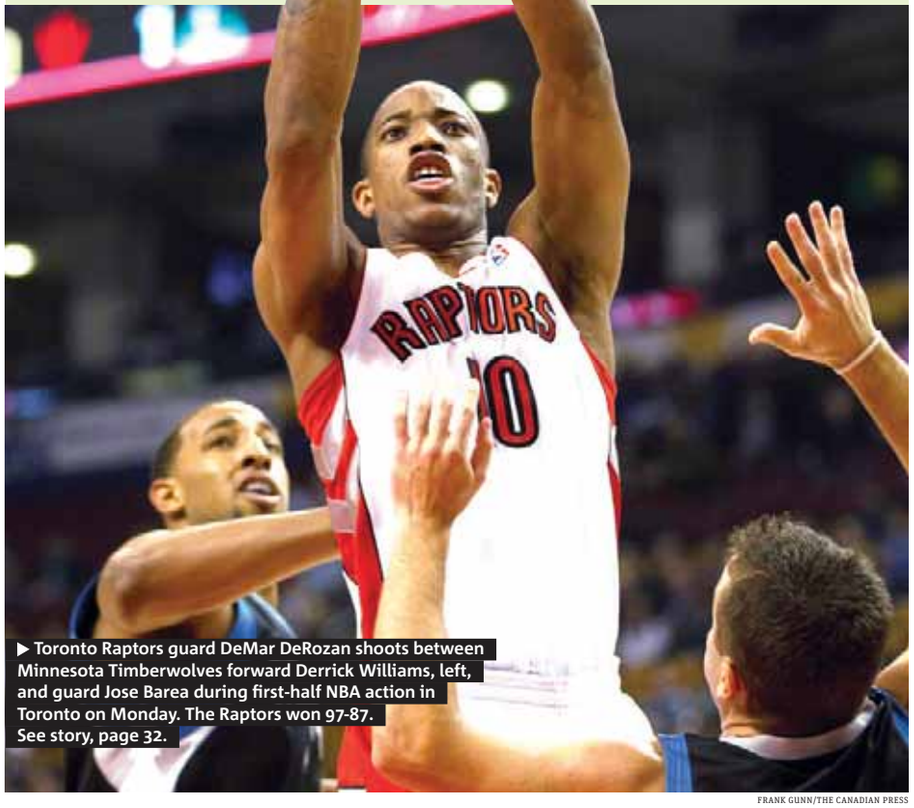

▶ Toronto Raptors guard DeMar DeRozan shoots between Minnesota Timberwolves forward Derrick Williams, left, and guard Jose Barea during first-half NBA action in Toronto on Monday. The Raptors won 97-87. See story, page 32.

FRANK GUNN/THE CANADIAN PRESS

Raps' domination of Timberwolves continues

Not all GO fare hikes are created equal

Riders will see a three-tiered price increase

Metrolinx has approved a GO fare hike that will cost most regional train and bus riders about five per cent more on average — 30 to 40 cents more per ride, depending on distance — effective Feb. 18.

"Our riders should take comfort in the fact this is our first fare increase in two years," said Metrolinx CEO Bruce McCuaig, following a board of directors meeting Monday.

Past fare increases have tended to push prices up a flat 25 cents across the board. But Metrolinx wants to incorporate a distance-based pricing approach. That means riders using 24 stations closest to downtown — who currently pay between $4.20 and $5.50 — will see a 30-cent hike. A 35-cent increase will apply to 17 mid-distance stations such as Oakville and Pickering, where riders pay between $5.51 and $7. The largest increase of 40 cents per ride will be levied on those using 17 more distant stations, where the fare is above $7, including Burlington and Georgetown.

The increase, raising about $20 million annually, will help pay for continued service expansion.

TORSTAR NEWS SERVICE

TTC chair goes undercover to do transit grunt work

TTC chair Karen Stintz has a new starring role on TV after she donned a dark wig and disguise last summer for an episode of Undercover Boss Canada.

The TV show puts executives, masquerading as trainees, on the frontlines of their own businesses.

Stintz, the city councillor for Eglinton-Lawrence, said it was an eye-opener working in July at the TTC's upholstery shop, cleaning buses, posing as a station janitor and staffing the transit system's lost-and-found.

Stintz was introduced to her TTC co-workers as Ruth Bear. To explain the cameras, the TTC employees were told that Bear was the subject of a documentary about a woman re-entering the work force.

Only one employee, who oversaw Stintz's cleaning efforts, was suspicious after the TTC chair, tired from working a week of night shifts, accidentally introduced herself as Karen.

The episode is expected to air next month on W Network.

"Everybody I worked with were longtime TTC employees that did have a lot of pride, and were frustrated by their colleagues that don't," Stintz said of the experience. TORSTAR NEWS SERVICE

TARA WALTON/TORSTAR NEWS SERVICE

▶ Karen Stintz

TORSTAR NEWS SERVICE

▶ Karen Stintz incognito

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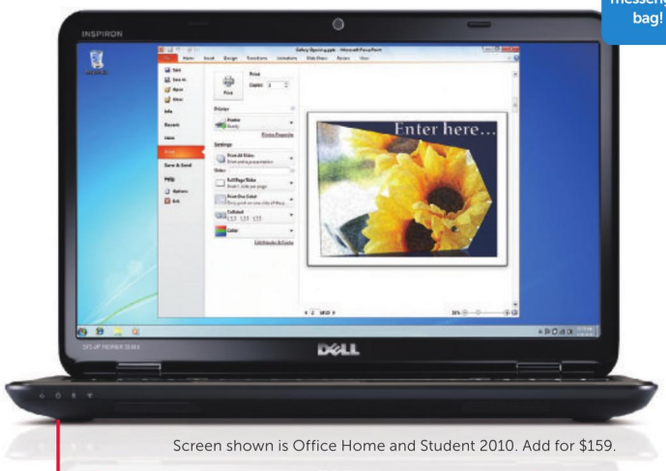

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Rape case may take a while to crack: Police

All six suspects remain at large

One week after allegations of a gang rape on Yonge Street, Toronto police remain tight-lipped about details of the investigation and say it could take "a long time" to break the case.

"We're still working with the victim to try and zero in on a location, which we can get more information from," said Const. Wendy Drummond.

Many in the high-traffic area of Yonge and Gerrard have been on alert after a woman was picked up at random last Tuesday.

The woman, 27, was walking south on Yonge when a black minivan carrying six men pulled up. She was coerced into the vehicle, though police have not provided details about how she was convinced to get in. She did not know her attackers.

The woman was allegedly taken to a home in the Yonge and Eglinton area, where she was sexually assaulted by all six men.

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Suspects

- **Suspect 1:** Brown, 6'1", medium build, short, dark mohawk hair, overlapped teeth in front, eyes close together, long nose.
- **Suspect 2:** Brown, 5'6", stocky build, longer, curly dark hair, mole on his right cheek.
- **Suspect 3:** Brown, 5'8", stocky build, dark, long, wavy afro hair.
- **Suspect 4:** Brown, 5'9", small build, unkempt dark hair, long face, bump in his nose.
- **Suspect 5:** Brown, 5'10", medium build, short, dark hair in a mohawk style, square, cleft chin.
- **Suspect 6:** Brown, 5'10", thin build with long face.

West. End

▶ Firefighters work Monday to contain a four-alarm blaze at a storage facility in the city's west end.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

Firefighter falls through floor during blaze

The fire, which destroyed most of the contents inside, began around 6 a.m. at Save and Secure Self Storage near Dundas Street West and Dupont Street. During a tense moment around 2:30 p.m., a firefighter fell between the third and second floors. He was treated by EMS at the scene but wasn't injured, and was taken to hospital as a precaution.

Dead woman's bag allegedly stolen

Hamilton police have laid charges after a man allegedly stole a woman's purse as she lay dead in the middle of a street following a hit-and-run on Sept. 18.

International student Jiao Shi Qi's credit card was used 13 hours after she died.

On Monday, police announced the arrest of 29-year-old Hamilton man Jason Dave Trotter.

Trotter is charged with four counts of credit card fraud, two counts of theft under $5,000 and related charges.

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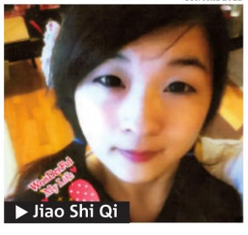

▶ Jiao Shi Qi

News in brief

Bartholomew laid to rest

GRENADA. A Toronto man allegedly beaten to death by police in Grenada was remembered on Monday as larger than life.

Grenada's prime minister, Tillman Thomas, was among the attendees at a funeral for Oscar Bartholomew. The 39-year-old died in police custody after his arrest on Boxing Day.

Father Anthony Marfo Dwomo spoke of forgiveness during his homily while others remembered Bartholomew as a man who loved his family.

THE CANADIAN PRESS

1 news

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An Israeli politician caps a heated argument with a colleague by dumping a glass of water on him. Watch at metronews.ca/video

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Universities in shock over research cuts

Schools fear the $42M cut to grants could really translate into a shortfall of more than $100 million

Tough choices must be made as Ontario navigates through a global economic downturn, and that includes a $42-million cut to university research grants, Premier Dalton McGuinty said.

The cut came at the same time as the Liberals unveiled a 30 per cent tuition rebate.

"There are some $200 million remaining by way of funds, at least, in these kinds of grant research supports for our colleges and universities," McGuinty told reporters Monday at St. Lawrence College in Kingston.

"We've entered into an era of slower growth for our economy. Our government expenditures must also mirror that," he said.

"We have to put an emphasis on those things we think most directly help grow the economy and create jobs."

McGuinty said he now needs the opposition parties to support the $423 million annual tuition rebate in the upcoming budget. This tuition relief plan will benefit 300,000 students, he added.

However, Progressive Conservative MPP Todd Smith (Prince Edward–Hastings) said his party won't support the tuition rebate or the budget.

"The PC caucus won't support this kind of spending," he said. "This is a luxury spend on behalf of the premier."

The Liberals are presiding over a minority government and need opposition support — from the PCs or NDP — to pass the budget.

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'Not amused'

- **Universities say they were** blindsided by the move and some grant applications had to be abandoned midstream.
- **The cut will be felt over** the next two years of grant application funding, said George Dixon, vice-president of university research at the University of Waterloo.
- **"We are not amused,"** Dixon said. He is also chair of the Ontario Council on University Research, a group representing 20 universities and the Royal Military College.

▶ A still from Walk off the Earth's video.

TORSTAR NEWS SERVICE

Burlington band storms the Internet

Walk off the Earth, a Burlington-based band, have stormed the Internet with their video featuring five musicians performing a song on one guitar. The band does a cover of Somebody That I Used to Know, originally sung by Gotye, that has been viewed more than 4.5 million times on YouTube since it was posted on Jan. 5. The video attracted actor Russell Crowe, who tweeted it out to his followers: "Check out Walk off the Earth's cover of Somebody That I Used To Know. Brilliant."

23 **Jason Porter faces 23 charges including using a credit card obtained by crime and laundering proceeds of crime.**

Alleged online Romeo nabbed

Toronto police have laid charges after an investigation of a man who used dating websites to lure women into relationships so that he could open bank accounts and apply for credit cards in their names. Police allege Jason Porter, 37, defrauded the women of more than $40,000 last year. TORSTAR NEWS SERVICE

Clement apologizes for calling teen a 'Jack ass'

Treasury Board President Tony Clement has apologized for insulting a 15-year-old boy during a Twitter spat over spelling mistakes.

Keith Pettinger, a student at Parry Sound High School, was following Clement's Twitter feed on Saturday evening and decided to call out the cabinet minister on his spelling.

Clement, watching Hockey Night in Canada, said on Twitter: "Coach's Corner gave me a lot to think about tonite."

Pettinger shot back: "If you can't spell, how can you run Canada's treasury?" He then asked whether Clement would like to come to school with him and learn to spell properly.

Clement didn't respond until Sunday, and then through the direct-message feature on Twitter, which only the recipient can see.

"Ha ha ur fnny," Clement's first tweet said. Then the minister accused Pettinger of misspelling "don't know."

"It's 'don't know', not 'dunno.' Jack ass," Clement said.

Pettinger replied to Clement that he wasn't aware of using that spelling, but then said: "I must admit that my spelling and grammar is not great. I'm sorry for calling you out … I just wanted someone so involved with my and Canada's money to spell properly."

Pettinger sent screen shots of the conversation to the Toronto Star and said in an email: "I believe that this is wrong, and uncalled for. One of our country's leaders cannot be insulting fellow Canadians."

On Monday, Clement acknowledged the outburst and apologized.

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▶ A screen grab of the Twitter conversation between Tony Clement and Keith Pettinger.

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Polish colonel shoots himself

Former prosecutor in stable condition after incident at press conference Reporters had left room

A military prosecutor in western Poland shot himself in the head Monday after defending the work of his office and rejecting planned reforms, officials and media said Monday.

▶ Col. Mikolaj Przybyl

Col. Mikolaj Przybyl survived the shooting that happened inside his office in the city of Poznan, minutes after he read a statement to reporters and then asked them to briefly get out.

Przybyl is a deputy head of the prosecutor's office in Poznan and the head of a local department investigating organized crime in the army.

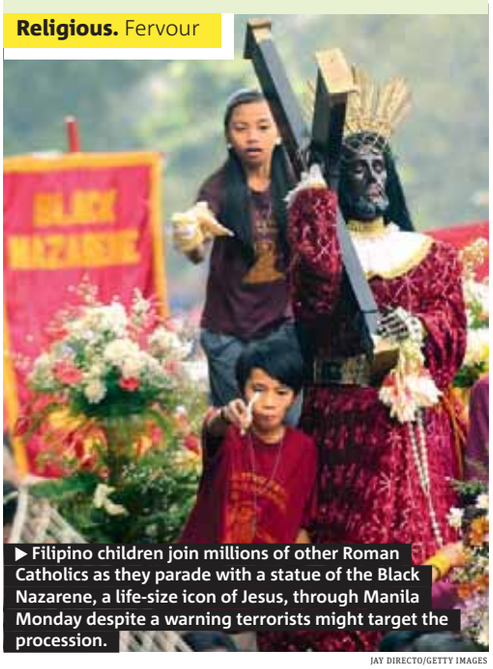
A footage broadcast by TVN24 station, whose camera was left rolling after reporters left, shows Przybyl walking across his office and out of sight before a gunshot can be heard.

Hospital director Leslaw Lenartowicz said Przybyl is in stable condition, conscious, and his life is not in danger. Przybyl suffered injuries to the face, he said.

Chief Military Prosecutor, Krzysztof Parulski said that Przybyl was one of the "best prosecutors" and a "man of honour."

THE ASSOCIATED PRESS

Religious. Fervour


▶ Filipino children join millions of other Roman Catholics as they parade with a statue of the Black Nazarene, a life-size icon of Jesus, through Manila Monday despite a warning terrorists might target the procession.

JAY DIRECTO/GETTY IMAGES

Worshippers whipped up

The government did not have specific intelligence of a plot. Still, about 15,000 policemen and hundreds of soldiers secured the procession route.

Alleged terror plot foiled before attack

A U.S. citizen born in Kosovo has been charged with plotting to attack crowded locations around Tampa, including nightclubs and a sheriff's office, with a car bomb, assault rifle and other explosives, federal authorities said Monday.

According to a federal complaint, 25-year-old Sami Osmakac, a Muslim, recorded an eight-minute video shortly before his arrest explaining why he wanted to bring terror to his "victims' hearts" in the Tampa Bay area.

In the video, Osmakac is seen cross-legged on the floor with a pistol in his hand and an AK-47 behind him. Osmakac said in the video that Muslim blood was more valuable than that of people who do not believe in Islam, according to the complaint.

▶ Sami Osmakac

THE ASSOCIATED PRESS

Man with weird name nabbed

Authorities in southern Wisconsin are facing a tongue twister thanks to the arrest of Beezow Doo-Doo Zopittybop-Bop-Bop.

The unusually named 30-year-old man was in jail Sunday in Madison. Police say he violated his bail conditions from a previous run-in with the law.

Court records show that his name used to be Jeffrey Drew Wilschke.

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Banana toss leads to fine

Banana hurler slapped with $200 penalty Justice of the peace, lawyer say he isn't a bigot, racist

AM980/AM980.CA

▶ Christopher Moorhouse

ANGELA MULLINS
@METRONEWS.CA
METRO CANADA IN LONDON, ONT.

Christopher Moorhouse may very well be the first person cited for throwing an object onto the ice at the John Labatt Centre in London, Ont.

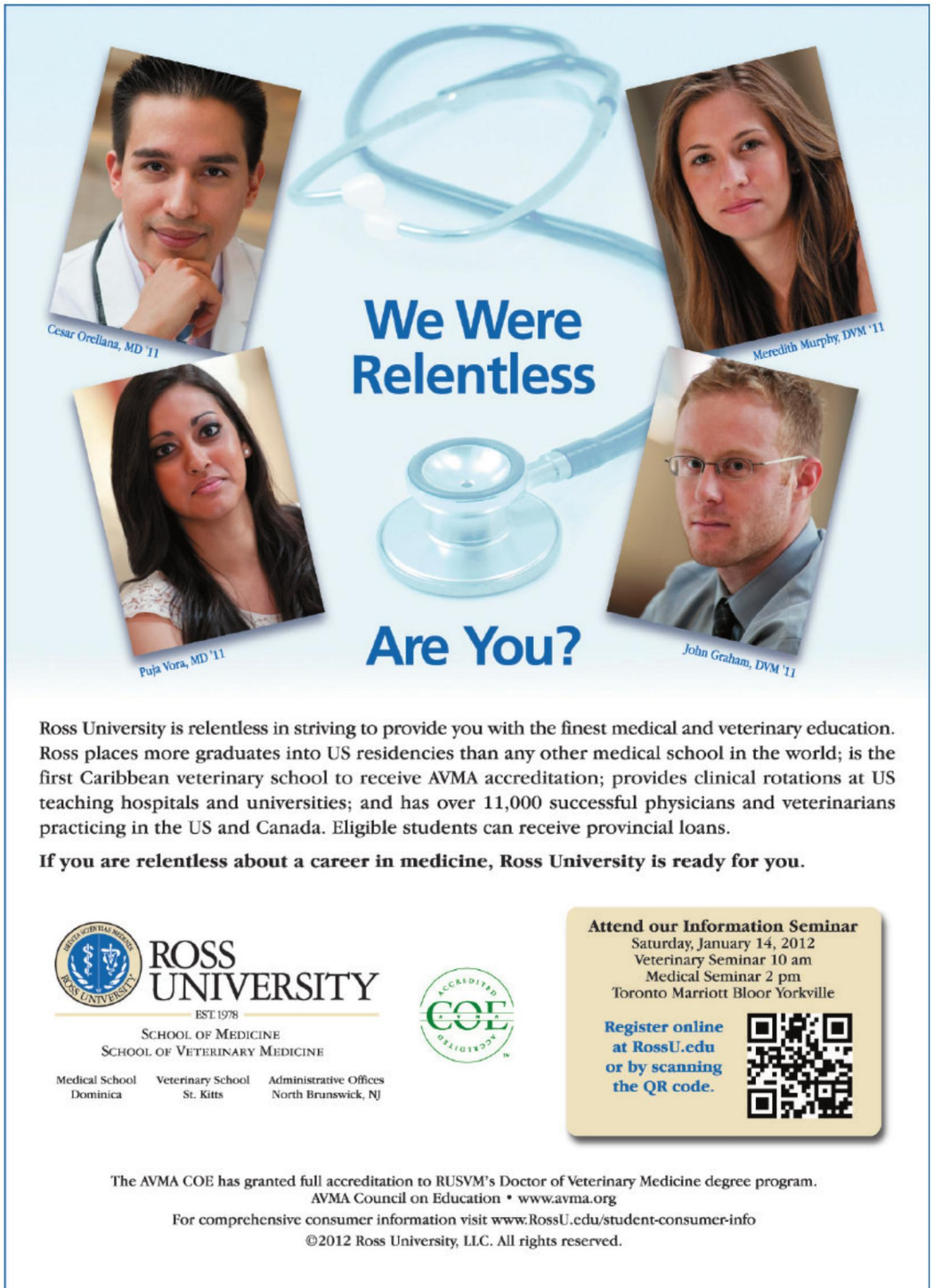
Speaking hours after Moorhouse, 26, pleaded guilty Monday to an offence under the trespassing act, a police spokesman said he knows of no similar cases that have passed through the London department.

"I would say no," Const. Dennis Rivest said when asked if issuing a citation for such behaviour is common.

So why did Moorhouse — cited after throwing a banana that landed near black Philadelphia Flyers forward Wayne Simmonds — catch so much flak?

Moorhouse's lawyer, Faisal Joseph, says his client got caught up in the hype of international media attention that inaccurately billed the action as racist. Police have said the act did not warrant a hate-crime charge.

WITH FILES FROM AM980/AM980.CA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Transporting. Coal

▶ A group of Bosnians use horse-drawn carts to transport heating coal on a road near Sarajevo on Monday.

AMEL EMRIC/THE ASSOCIATED PRESS

Surviving winter in Bosnia

The unemployment rate is up to 42 per cent, according to the Bosnian government. Collecting coal by hand and selling it at a local market is the only way an impoverished category of the Bosnian population can survive the winter.

Tourist survives 111-metre plunge

An Australian tourist bungee jumping in Africa plunged 111 metres into a river when her cord snapped, but she managed to swim to safety with a broken collarbone and her legs tied together.

Erin Langworthy told Nine Network television news Sunday that she blacked out briefly when she hit the Zambezi River on the border of Zambia and Zimbabwe on Dec. 31.

To watch the video, scan the code or go to metronews.ca.

"I felt like I'd been slapped all over," the 22-year-old from Perth said.

Video taken of the jump shows the cord snapping and Langworthy smacking into the river before the current pulled her into rapids.

Langworthy swam through the rapids to reach the Zimbabwe bank.

THE CANADIAN PRESS

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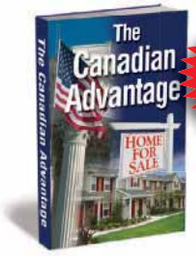

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PM not lacing them up

Harper's office denies he will face off against Putin 2012 marks 40th anniversary of 1972 Summit Series

The Prime Minister's Office is denying a published report that Stephen Harper is making plans to play hockey this fall against his Russian counterpart, Vladimir Putin.

The Prime Minister's Office says the claim is false.

The Toronto Star cited unnamed sources as saying Harper was making plans to play on a Canadian hockey team in two exhibition games against a Russian team that would include Putin. The two exhibition games would help mark the 40th anniversary of the Canada-U.S.S.R. Summit Series.

The front-page report says the first game was scheduled for Sept. 7 in Moscow as part of a month-long event to mark the eight-game series, which was played at the height of the Cold War.

"The story is false. The prime minister will not be playing hockey against Mr. Putin."
ANDREW MACDOUGALL, SPOKESMAN, PRIME MINISTER'S OFFICE

A source also told the Star a second game featuring Harper and Putin was being planned in Toronto, tentatively for Sept. 28.

But a spokesman for the Prime Minister's Office, Andrew MacDougall, said the story is not correct.

THE CANADIAN PRESS

SCREEN GRAB/TORSTAR NEWS SERVICE

▶ Russian Prime Minister Vladimir Putin has been working on his hockey game for about a year, sources originally said.

Pocket-dial 911 calls increasing: Police

Police services across Ontario say they are seeing an increase in "pocket-dialed" and unintentional 911 calls.

Police say these calls represent a serious threat to public safety and negatively impact police resources.

Pocket dials happen when a keypad on a mobile device carried in a pocket, purse, or backpack is accidentally pressed.

Toronto police received 1.2 million calls to 911 in 2011 and say 20 per cent were not valid emergencies. Pocket dials accounted for 107,748, or half of the false calls, while misdialed calls accounted for the remainder. Police say mobile-device users can help reduce false calls by locking their keypads and disabling the 911 auto-dial feature.

THE CANADIAN PRESS

Sex-ed guidelines released

Elementary-school students should use the proper names for body parts and know that sexual orientation is "the romantic attraction of an individual to someone of the same gender or a different gender," according to new guidelines released Monday by a coalition of health and education groups.

THE ASSOCIATED PRESS

Drug agents laundered millions: Report

Mexico's government allowed a group of undercover U.S. anti-drug agents and their Colombian informant to launder millions in cash for a powerful Mexican drug trafficker and his Colombian cocaine supplier, according to documents made public Monday. **THE ASSOCIATED PRESS**

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Pipeline opponents are 'radicals': Conservatives

- More than 4,000 expected to speak before panel
- May delay approval of Northern Gateway one year

Accusing opponents of a proposed tarsands pipeline in western Canada of being radicals opposed to any major energy projects, the Harper government Monday stepped up its campaign to keep environmentalists from blocking approval of the Northern Gateway line.

A day before an independent federal panel is set to begin hearings to determine if the proposed $5.5-billion pipeline should be built, Natural Resources Minister Joe Oliver said the regulatory process needs to be streamlined.

The regulatory-approval system "is broken," Oliver said in an letter to Canadians in which he suggested the federal government will pursue ways to overhaul public hearings of independent regulatory bodies.

Prime Minister Stephen Harper has said a pipeline to carry tarsands-derived crude oil to the West Coast for shipment to Asia is a high priority. But the pipeline that would connect to a new supertanker port on the northern B.C. coast has sparked widespread opposition from various groups. "The oil industry's own polling shows that there are millions of Canadians opposed to this new tarsands pipeline and they have a right to be heard, not disenfranchised by some kind of U.S. Republican-style smear campaign," Greenpeace Canada climate and energy campaigner Mike Hudema said Friday. TORSTAR NEWS SERVICE

Market moment

PRICES AS OF 5 P.M. MONDAY

TSX	Dollar	Oil	Natural gas	Gold
+ 8.0 (12,197.00)	+ 0.39¢ (97.76¢ US)	- 25¢ US ($101.31 US)	$3.01 US (- 5¢ US)	$1,608.10 US (+ $8.70 US)

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January 24, 6:00 pm – 7:30 pm
Schulich School of Business, 4700 Keele Street

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IN DEFENCE OF STAYING IN

SHE SAYS ...

JESSICA NAPIER
METRO

After weeks of office parties, festive get-togethers and family dinners, January provides a welcome relief from being overscheduled. With nothing to do and nowhere to go, a bare calendar feels like the ultimate luxury.

While the gloomy stretch between the holidays and spring is an ideal time to be anti-social (read: broke and lazy), there are still plenty of people who will try and coerce you out of your sweatpants and into a taxi headed for a night out on the town.

Sure, a cocktail can be nice, and every good Canadian girl knows how to navigate icy sidewalks and snow banks in her least sensible heels, but as the temperature dips, the idea of going to a club or a bar or anywhere that isn't your own living room becomes less and less appealing.

"I think, we should stop trying so hard to have fun and embrace these precious weeks of guilt-free hibernation while they last. I mean, do you really want to risk hypothermia just to spend another Saturday night covered in spilled drinks and other people's sweat, elbowing your way across a crowded dance floor and wondering, 'Am I having fun yet?'"

I think we should stop trying so hard to have fun and embrace these precious weeks of guilt-free hibernation while they last. I mean, do you really want to risk hypothermia just to spend another Saturday night covered in spilled drinks and other people's sweat, elbowing your way across a crowded dance floor and wondering, "Am I having fun yet?"

This winter, I've decided that staying in is the new going out. Instead of whining about frostbitten exposed limbs and overpriced mixed drinks, can we all agree to just stay indoors for the next few months?

Now, before you dismiss me as a friendless shut-in, give the idea of becoming a winter hermit a chance. Think of all the money you'll save, the calories you wont consume, the clothes that will go un-ruined! A few months of self-imposed house arrest will do wonders for your wallet, waistline and probably your mental health.

You'll host board-game nights, learn how to cook your own meals, sort out your underwear drawer, actually read all those books you so proudly display on your coffee table and go to bed at a reasonable hour. If you're lucky, you'll have a fireplace and all of these indoor activities will seem 1,000 times better because of it.

Ultimately, all any winter hermit really needs is a few bottles of red wine and a subscription to Netflix. Perhaps if you're feeling really ambitious, you'll invite some low-key companions over to share that aforementioned wine and discuss how you actually don't miss going places and doing things at all.

[illegible]

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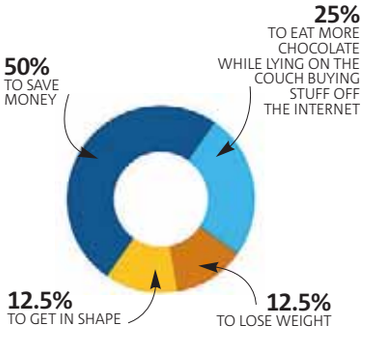
This year your new year's resolution is...



Local tweets

- **@m_layton:** Budget chief says libraries are duplicating the work of schools because they teach literacy and therefore should be cut.
- **@balkissoon:** I really can't think of anything more arrogant than undermining literacy. And p.s., a lot of the people learning to read at TPL are adults.
- **@MiroslavGlavic:** @lurksgirl many services are duplicated, x-mas fund for example, literacy programs belong under schools for another example. #topoli
- **@cityslikr:** Oh oh. @CouncillorMB claims she was a huge supporter of nutritional programs. Probably means she's planning to vote against them. #TOpoli
- **@CouncillorMB:** @cityslikr placing health and nutrition front and centre ensuring the most vulnerable are protected. #TOCouncil #TOpoli student nutrition.
- **@ejbejbejb:** @cityslikr Taking money from those who work for it &giving to those who did not. Fairness of socialist Cllr @CouncillorMB #TOCouncil #TOpoli

ERV PETTY/ALASKA DIVISION OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT/THE ASSOCIATED PRESS

Daily Zoom

Buried under a blanket of snow

Alaska town calls state for help

A house is buried in snow in the fishing town of Cordova, Ala., in this Jan. 7 photo.

Residents have turned to the state to help them dig out of massive snow levels that have collapsed roofs, triggered avalanches and even covered doors, trapping some people in their homes. Cordova is used to snow, but not like this. THE ASSOCIATED PRESS

Heavy, wet snow threatens homes

Officials said at least three buildings have collapsed or partially collapsed, and six homes are deemed severely stressed by heavy, wet snow.

The city has set up a shelter at a local recreation centre, but said people leaving homes in avalanche-risky areas have been staying with other residents.

THE ASSOCIATED PRESS

"We had no alternative but to declare an emergency. ... It became a life-safety issue."

CORDOVA MAYOR JIM KALLANDER

Quite a winter wonderland

The National Guard reported more than 5.5 metres of snow has fallen in the past weeks, although the National Weather Service did not immediately have a measurement.

"There's nowhere to go with the snow because it's piled up so high," said Wendy Rainney, who owns the Orca Adventure Lodge.

THE ASSOCIATED PRESS

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Writer captures Maggie's mettle

Screenwriter Abi Morgan ruffles feathers for her portrayal of Margaret Thatcher in the Iron Lady Says the film is a study of power and loss

HANDOUT

▶ Screenwriter Abi Morgan says that Meryl Streep as Margaret Thatcher is 'absolutely dream casting.'

RICHARD CROUSE
SCENE@METRONEWS.CA

Margaret Thatcher, the longest reigning British Prime Minister of the 20th Century, remains a polarizing figure even though she hasn't held office since 1990.

She's a hero to some: Gloucester City Council leader Paul James calls her "the best prime minister there's been." But a villain to others: "She made all manner of cuts society is still recovering from," says Steve Lydon, branch secretary of Stroud Labour Party.

She is now the subject of The Iron Lady — a nickname Thatcher picked up from Soviet newspaper Krasnaya Zvezda — a biography starring Meryl Streep, written by Shame playwright Abi Morgan.

The film has already ruffled the feathers of Thatcher devotees. Tim Bell, a longtime associate of the former PM, called the movie a "non-event" and Tory loyalist Norman Tebbit commented that Thatcher was "never, in my experience, the half-hysterical, over-emotional, over-acting woman portrayed by Meryl Streep."

"It's not a documentary, it's not a social history, it's a drama," says Morgan on the controversy.

"I think if you see yourself as an artist, part of being an artist is to comment on your times. I feel it is a comment but it is a creative comment.

"I hope it's a humane and dignified portrayal. I think anybody can see it's not an attempt to sabotage.

"I feel it is as much the study of power, the study of loss and the study of the isolation of office and [because] Margaret Thatcher is an icon, a recognizable public figure, she was a way to filter those very powerful themes."

Morgan says those "themes and the ideas and the human story are bigger than the individual."

As written, the character of Thatcher is complex. The film first shows her long after her glory days and works backwards through her career highlights.

Meryl Streep plays her in various stages of her career.

"She is absolutely dream casting," says Morgan.

"There are, obviously, amazing British actors and one would have been lucky to work with any of them, but what was exciting to me about working with Meryl is that she's a complete shape shifter.

"I think she is an absolutely fascinating actress and I felt incredibly reassured when I learned Meryl was going to play the part because I knew she would imbue that character with such humanity and such complexity.

"She has such integrity, she just elevates the work."

"I think she is an absolutely fascinating actress and I felt incredibly reassured when I learned Meryl was going to play the part because I knew she would imbue that character with such humanity and such complexity."
IRON LADY WRITER ABI MORGAN ON THE CASTING OF MERYL STREEP

Abi Morgan

- British playwright and screenwriter born in 1968
- Morgan first wanted to be an actress, but after university took a postgraduate writing course instead
- She had her start writing plays for theatres in England
- She also co-wrote Shame, with Steve McQueen

How Phyllida Lloyd softened an Iron Lady

Considering the historical and controversial stature of Margaret Thatcher's 11-year run as the U.K.'s prime minister, it's surprising there hasn't been a major motion picture about her until now. But director Phyllida Lloyd is happy to get there first. Choosing to focus on the Thatcher of today, with her political career shown in flashback, Lloyd offers a softer, more sympathetic depiction of a woman still reviled by many.

Why do you think there hasn't been a film exclusively about Thatcher until now?
It is surprising. This movie's been a long time in development, and it began as a film about the Falklands War, and then [screenwriter] Abi [Morgan] came onboard and dropped this bombshell and said, "What about setting it in the present?" And I think from that moment everything flowed. I don't know why there hasn't been, to be honest.

Was the focus on her as an older woman part of an attempt to make her more sympathetic, since there is still so much animosity toward her?
In England, she's still one of the most divisive characters, and the debate about her policies and her legacy is really being largely stuck. There's one way of looking at her where she is the monster she-devil who ruined the lives of millions, and on the other hand she is Saint Margaret who rescued Britain from its post-war decline and put us back on the world stage. And there's very little you can find in between those two positions. What we wanted to do was go, "OK, that's all that. Let's just turn this thing upside down and look at it from a completely different point of view." We talked about it very much as a sort of King Lear for girls. It was a story of a mighty leader who was brought down partly by the enemy within and also by their own kind of hubris.

NED EHRBAR

2 scene

Scene in brief

Elton John is writing his first book, a personal account of the AIDS crisis. The musician says Love is the Cure: Ending the Global Aids Epidemic will include memories of friends who died of AIDS-related illnesses, including Queen frontman Freddie Mercury. British publisher Hodder & Stoughton says the book will be published in July along with an audio book read by the British pop star. The U.S. publisher is Little, Brown.
Proceeds will go to the Elton John's AIDS Foundation.
John said Monday the book would ask why more is not being done to cure the disease. He said AIDS "is a disease that must be cured not by a miraculous vaccine, but by changing hearts and minds, and through a collective effort to break down social barriers."
THE ASSOCIATED PRESS

Tom Hanks' futuristic web series Electric City to stream on Yahoo

DVD reviews

Buy it ◍◍◍◍◍ | Rent it ◍◍◍◍ | Borrow it ◍◍◍ | Yawn ◍◍ | Don't bother ◍

Moneyball
Genre: Drama
Director: Bennett Miller
Stars: Brad Pitt, Robin Wright, Jonah Hill
◍◍◍½

In 2002, Billy Beane, the Oakland A's general manager, reversed his struggling team's fortunes by choosing players on the basis of their deeply analyzed playing skills, rather than what a scout thought they could do. This meant putting players in the lineup that expert eyes had judged unskilled or burned out.

In an Oscar-pitching performance, Brad Pitt is Beane, the iconoclastic GM who seems needlessly cocky, even foolhardy in his unorthodox approach to the game.

Moneyball's home-run screenplay, by Steve Zailian (Schindler's List) and Aaron Sorkin (The Social Network), is based on the thoughtful and factual 2003 bestseller by Michael Lewis.

From this "inside baseball" source material, director Bennett Miller (Capote) crafts an emotional and dramatic film that even non-jocks will enjoy.

Pitt as Beane and Jonah Hill as Peter Brand, the 25-year-old Harvard economics grad who crunches the numbers that fuel Oakland's unconventional appointments, bring deep shades of humour and pathos to their characters.

PETER HOWELL

Higher Ground
Genre: Drama
Director: Vera Farmiga
Stars: Vera Farmiga, Joshua Leonard, Dagmara Dominczyk
◍◍½

Higher Ground sees acclaimed actress Vera Farmiga (The Departed) directing for the first time in a film that explores organized religion. The title of the source book gives a clue to where things are going: This Dark World: A Memoir of Salvation Found and Lost, by Carolyn S. Briggs and Tim Metcalfe, who also wrote the screenplay.

Farmiga's protagonist, Corinne (played at various life stages by herself or her look-alike sister, Taissa Farmiga, and by young McKenzie Turner), comes to Christianity almost by accident, when she raises her hand in affirmation at a 1960s church service.

It's not until a near-death experience years later, when Corinne is married to her high-school flame, Ethan (first Boyd Holbrook, later Joshua Leonard), and caring for a baby daughter, that she truly feels God's presence. It's not exactly a thunderbolt, but it's enough to get the shy and bookish girl to join a local evangelical church, along with her husband.

Corinne is happy, her family grows and she feels

part of a community, but doubt begins to seep in when she befriends Annika (Dagmara Dominczyk). Tragedy delivers another blow to her faith, and Corinne's long-simmering doubts about God begin to boil.

Higher Ground takes its time in following Corinne's journey, following her for two hours that span 20 years. The story is sometimes short on drama, and characters are sometimes sketched too broadly, but Farmiga's first film is good enough to make us look forward to her next one.

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▶ Johnny Depp

Depp headed for breakup?

It may be trouble in paradise for Johnny Depp, as the relationship between the Pirates of the Caribbean star and Vanessa Paradis is reportedly on the rocks, according to Radar Online.

"Johnny isn't handling anything well right now," a source says.

"People around him are worried about how Johnny is doing because he and Vanessa seem so fractured right now. Their relationship is heading toward the end." METRO

A limp can't hold Brad back

Brad Pitt will be walking with a cane for a while, thanks to a knee injury — but it didn't occur on the set of a stunt-heavy movie.

Instead, Pitt hurt himself parenting. "I was carrying my daughter (Vivienne) down the hill and I slipped," Pitt says, according to People magazine. "It was either her or me."

It's a good thing that Angelina Jolie is a fan of the new accessory: "I like the cane," she says, adding that the limp hasn't done much to slow Pitt down. "He's not that kind of guy. He does everything still." METRO

▶ Brad Pitt

January

10

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3 life

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MICHELE TARAS

▶ Prostate cancer is expected to affect 25,000 Canadian men this year. About 4,100 men will die of it.

The faces of cancer

Photo exhibit travelling across Canada to show exactly who prostate cancer has affected

CELIA MILNE
LIFE@METRONEWS.CA

Who gets prostate cancer? What do they look like? A new photo exhibit takes us into the inner world of this disease, showing us the fear, sadness, love, loss and hope that survivors and their families feel.

Prostate cancer got personal recently when 246,000 Canadians participated in Movember to raise money and awareness about the disease. Today, a photo exhibit called TIEd Together begins in Toronto before going across Canada.

"The images illustrate the faces of prostate cancer — men of all ages and races and their families. It communicates that prostate cancer doesn't just affect the man, but the whole family," says Rebecca von Goetz, executive vice president of Prostate Cancer Canada (PCC) in Toronto.

The exhibit was created by PCC in partnership with PhotoSensitive, an organization that calls attention — through black-and-white photography — to social issues such as AIDS, First Nations literacy and natural disasters.

TIEd Together includes more than 100 images and 10 video interviews with cancer survivors and their loved ones.

Included in the exhibit are pictures of Jack Layton, Pierre Trudeau and Alex Baumann.

The exhibit will show at Brookfield Place in Toronto from Jan. 10 to 21. PCC is looking at future showings in Vancouver, Calgary Edmonton, Winnipeg and Ottawa.

"As devastating a disease as it is, the images show hope and the strength that these survivors have to continue to enjoy life, despite its challenges," says von Goetz.

NEED A NEW JOB OR CAREER?
Read metro work every Monday & Wednesday.

Lower cutoff for lead poisoning raises awareness of how to protect kids

Best Health Minute

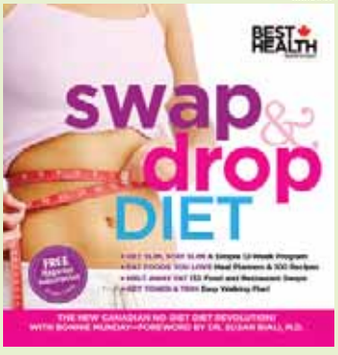
BONNIE MUNDAY, EDITOR-IN-CHIEF, BEST HEALTH MAGAZINE

Check out our Swap & Drop Diet

I'm so excited about the launch of Best Health's first-ever diet book. Swap & Drop is not your typical diet – it's a no-diet diet. It's a sensible, balanced and very Canadian approach to getting slimmer and healthier (and staying that way beyond 2012) based on making small, easy changes to your daily habits that can really add up to dropped pounds.

The 12-week step-by-step, swap-by-swap plan from the team here at Best Health Magazine shows how to shed weight without denying yourself the enjoyment of food. Also, the book has an innovative Portion Checker, which includes visuals of food servings shown in actual size. This really takes the guesswork out of mealtime (for example, the book's pages actually show you how much pasta you should throw into the pot, and how big one serving of meat really is).

HANDOUT



Then there's a 12-week Meal Planner with more than 100 healthy, delicious recipes that do all the work of counting calories so you don't have to worry about it. Plus, there's a 12-week, day-by-day Walking Plan (along with easy toning exercises) to help you fit some easy, fat-burning fitness into your life.

The last section is one of my personal favourites: Restaurant Menu Swaps. We reviewed the menus of 10 different fast-food and sit-down restaurant chains across the country, from Tim Horton's to East Side Mario's. This way, when you end up at one of these outlets, you know what you're getting into with some menu items.

It's $29.95 and available wherever books are sold across Canada, and at besthealthmag.ca/swap.

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Making green sexy in 2012

Raw food has been gaining popularity At Belmonte Raw, it's done right

LUNCH RUSH

STEPHANIE DICKISON
FOOD@METRONEWS.CA

STEPHANIE DICKISON

Veggie Wrap ($14).

To make raw food this sexy and appealing takes talent and vision. That's why you've got to put your prejudices and preconceived notions aside, and get yourself to Belmonte Raw.

The narrow but chic space doesn't see much action as its raw juice and food cleanses delivery service makes up the bulk of the business.

Tuck into one of the daily specials, like the stunning Zen Kale Salad ($14). A blend of crunchy veg — jicama, green beans, carrots, cabbage — is topped with an invigorating dressing and acai powder, delivering powerful antioxidants and nutrients. The rapturous Veggie Wrap ($14) made with a cabbage leaf and accompanied by a spinach salad topped with meaty, juicy almonds will have you rethinking bread from now on.

The afternoon dozies are a thing of the past after an exhilarating lunch like this. Imagine how you'd feel if you always ate like this.

Belmonte Raw
1022 Queen St. E.
647-340-1218
belmonteraw.com
Quick solo lunch: Yes
Reservations: No
Rating: 5 out of 5

THE CANADIAN PRESS H/O

Green Bean Casserole

A slow cooker is a wonder gadget to have during the winter season.

Here it is used to cook a green bean casserole.

Just combine the ingredients in the cooker and it's ready in three to four hours.

Ingredients:

- 2 pkgs (each 280 g/10 oz) frozen green beans, thawed
- 1 can (284 ml/10 oz) condensed cream of mushroom soup, undiluted
- 15 ml (1 tbsp) chopped parsley
- 15 ml (1 tbsp) chopped roasted red peppers
- 5 ml (1 tsp) dried sage
- 2 ml (1/2 tsp) salt and pepper
- 1 ml (1/4 tsp) nutmeg
- 125 ml (1/2 cup) toasted slivered almonds

Preparation:

1. Combine all ingredients except almonds in a 2.5-l slow cooker. Cover and cook on low for 3 to 4 hours. Sprinkle with almonds.

THE CANADIAN PRESS/ CROCK-POT

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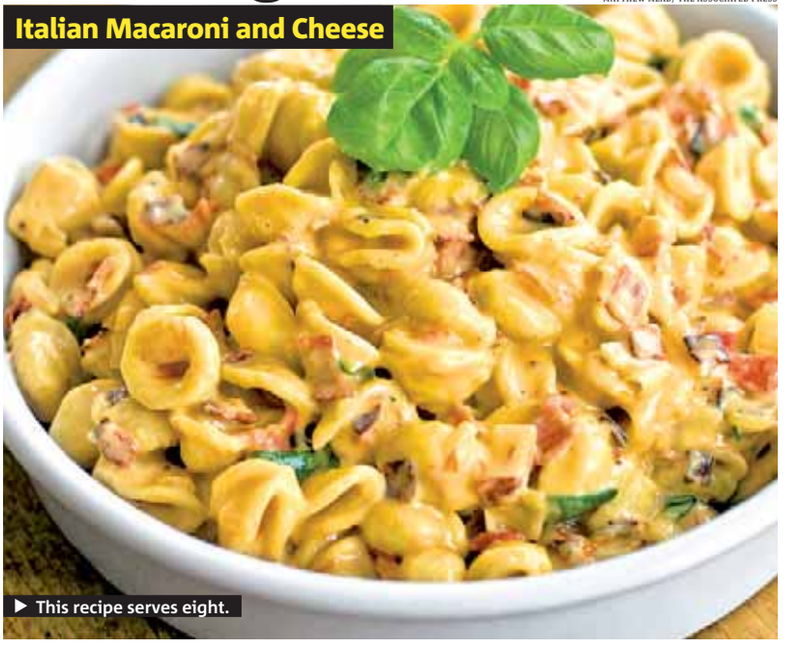
Mac & cheese goes Italian

MATTHEW MEAD/ THE ASSOCIATED PRESS

Italian Macaroni and Cheese



This recipe serves eight.

Inspired by the Italian sub popular in the Northeast, this pasta sautées salami, garlic peppers, sun-dried tomatoes and onion. The cheese sauce is creamy and sharp with a mixture of fontina and picante provolone.

Preparation:

1. Bring a saucepan of salted water to a boil. Add pasta and cook according to package directions. Drain and set aside.
2. In saucepan over medium-high, sauté salami until crisped and browned, about 5 minutes. Add sun-dried tomatoes, garlic peppers and onion. Continue to cook until onion is very tender, 5. Add butter and stir until melted. Add flour and stir.
3. While stirring, pour in milk. Bring mix to boil, continuing to stir. Cook for 5 mins. Turn off heat and stir in fontina and provolone, one at a time, to ensure even melting. Stir in basil and cooked pasta. Season with salt and black pepper.

THE ASSOCIATED PRESS

Ingredients:

- 500 g (1 lb) orecchiette pasta
- 140 g (5 oz) dry salami, diced (about 250 ml/1 cup)
- 125 ml (1/2 cup) chopped oil packed sun-dried tomatoes
- 125 ml (1/2 cup) garlic peppers, diced
- 1 medium onion, diced
- 30 ml (2 tbsp) butter
- 45 ml (3 tbsp) all-purpose flour
- 625 ml (2 1/2 cups) milk
- 250 ml (1 cup) shredded fontina cheese and picante provolone cheese
- 125 ml (1/2 cup) shredded fresh basil
- Salt and black pepper, to taste

ISTOCK

▶ The next time someone opens the door for you, please say thank you.

THE WORLD CAN BE A RUDE PLACE

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@ METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

Good day. I had to write in about adult manners. While my husband was parking our car over by Tags MicMac Mall, myself and youngest grandchild was waiting for him by the entrance of Winners. My grandchild held the door open for about 100 adults and maybe five said thank you. The rest walked by and didn't even look at her. How do I explain this to my grandchild?

I love your email, thank you!

I'm certainly not trying to make excuses for those people who did not say thank you, but it was five days before Christmas and I'm sure those shoppers were preoccupied with their Christmas shopping in a busy mall.

Some people say that when someone doesn't say thank you, you should say back in a loud stern voice 'you're welcome!' to make them aware of their mistake.

I understand why people want to do that, however I do not advise this because pointing out people's social mistakes publicly is not polite nor the gracious thing to do on your part — two wrongs don't make a right. But I do hear your frustration loud and clear. I promise I'm listening.

So what to tell your granddaughter? Well, the truth is first teaching her to always be polite and say thank you herself (I'm sure you have already done that).

Second, tell her the truth that some people in this world are rude and don't say thank you. This is going to happen to her in life and she has two choices: stop being polite all together or just let it go. Finally, know that, generally, when people are rude such as in these circumstances, they are not trying to purposely hurt her feelings, they just don't know any better.

Ultimately, I believe teaching her to be the example is the right thing to do.

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

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FUN AND FRUGAL

LESLEY SCORGIE
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Last September I was hiking in St. John's, NL. While gawking at the ocean, I neglected to watch where my feet were headed and fell flat on my face. My fall resulted in whiplash, a concussion, a displaced jaw, scrapes and bruises. Since then, I've been seeking treatment from a slew of doctors, dentists, physiotherapists, chiropractors and massage therapists.

My road to recovery will take around one year and cost $10,000. Unfortunately, like many Canadians, my medical insurance is limited and unlikely to cover even 25 per cent of my expenses. So, I'm now on the hook for a series of bills I wasn't expecting. My injury is a classic example of why it is important to have emergency funds.

Experts recommend that every household has three months of salary tucked away in case of an emergency. This is a lot of money! To make saving less painful, build this fund over time through automatic contributions to a savings plan that earns interest.

Start by setting aside three to five per cent of your income; then increase it to six of or seven per cent when you're ready. Once you reach your savings goal, you can stop contributing.

Reduce the temptation to spend this cash by keeping the money somewhat accessible, but removed from your day-to-day spending. Consider putting it in a low-risk money market mutual fund, a GIC, or a high-interest savings account. Hopefully you'll never experience an emergency. But, if you do, you'll be prepared.

Rethink those RRSPs

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

This is the time of year when you tell yourself to save more and contribute more to your RRSP. Yes to the first one but the second, perhaps not.

Certainly Canadians need to save more than the current rate of four per cent of income. However, the default destination for those savings, an RRSP, isn't necessarily the right one.

Anyone who is likely to qualify for the Guaranteed Income Supplement (GIS) after age 65 is better off with a non-registered investment account or a Tax Free Savings Account (TFSA). Mandatory RRIF withdrawals could result in a reduced or eliminated GIS.

Meet me in TO

I hope Toronto readers will join me at the Toronto Reference Library (789 Yonge St.) on Jan. 25 at 6:30 p.m. for a discussion about how to take control of your finances, especially your investments.

GIS eligibility is reduced as net income rises and disappears entirely at about $16,000 for singles and $21,500 for couples (Old Age Security does not count as income).

At the other end of the scale, those likely to have significant incomes after retirement from a combination of pensions, non-registered investments and other income could face not only a high post-retirement tax rate, but claw back of OAS and a reduction in their personal exemption.

The latter is not well known and can be a considerable shock. Though OAS claw back doesn't kick in until a net income of around $68,000, the age amount tax credit for those 65 and over will be reduced once net income reaches roughly $33,000.

ISTOCK

▶ Alison's money rule: Sometimes there are better ways to save for retirement than through RRSPs.

TFSAs are great alternatives for those wanting to save outside an RRSP. However, you can only deposit $5,000 annually. Another alternative are non-registered investment accounts, though you will pay tax on income or capital gains.

A final "savings" alternative is to pay down debt. Even though your interest costs may be low, every dollar you put on debt is a form of savings.

And last week I included details of a contest to win a one-on-one consultation with me. Unfortunately the link was not live. But it is now at my website, alisongriffiths.ca.

ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM.

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Travel Feb 11 - Feb 25/tk + taxes & fees $422

Delhi $649
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Travel Feb 22 - Mar 07/ac + taxes & fees $688

Canada

Montreal 3 Nights 4-Star $189
Novotel Montreal Centre taxes & fees included
INCLUDES central accom near the Bell Centre. Travel Jan 20, 27/ggv. UPGRADE to 4.5-star Fairmont Queen Elizabeth for $12 per night. ADD guided city tour for $55.

Mont Tremblant Air + 4 Nights $549
La Tour des Voyageurs + taxes & fees $163
INCLUDES ski-in and out slopeside accom. ADD 3-day lift pass to Tremblant for $88 per day. Departs Jan 22/ggv/pd.

Cruises

Southern Caribbean
7-Night Cruise USD $409
Carnival Victory + taxes & fees USD $79
CRUISE roundtrip San Juan and visit St Thomas, Barbados, St Lucia, St Kitts and St Maarten. Sails Apr 29/ccl. UPGRADE to oceanview stateroom for $17 per night.

Panama Canal
14-Night Cruise from $1099
Norwegian Pearl + taxes & fees $340
CRUISE Los Angeles to Miami and visit Cabo San Lucas, Puerto Vallarta, Huatulco, Puerto Chiapas, Punta Renas and Cartagena. Sails Sep 28 /ncl.

USA

Las Vegas Air + 4 Nights $195
Imperial Palace + taxes & fees $309
INCLUDES accom on the Las Vegas Strip. Departs Jan 22/swg/wg. UPGRADE to the 4.5-star MGM Grand for $25 per night.

Miami Air + 3 Nights $449
Indian Creek Hotel + taxes & fees $126
INCLUDES Art Deco accom. Departs Jan 23/ggv/ws. UPGRADE to 4-star Sea View for $60 per night. ADD Everglades tour for $98.

New Orleans Air + 3 Nights $569
Holiday Inn French Quarter + taxes & fees $124
INCLUDES central accom. Departs Jan 23/ggv/aa. UPGRADE to 4-star Chateau Bourbon for $27 per night. ADD evening jazz cruise for $44.

Cruise & Stay

Fort Lauderdale
Air + 3 Nights + 4-Night Cruise $549
Liberty of the Seas, Ocean Sky Hotel and Resort + taxes & fees $360
INCLUDES airfare to Fort Lauderdale, 3 nights accom near shopping at a beachfront location with an oceanfront swimming pool and 4-night cruise sailing roundtrip Fort Lauderdale visiting Cozumel. Departs Jan 23/vat/rci/ts.

All-inclusive Vacations

Varadero 5 Nights 4-Star $395
Be Live Turquesa + taxes & fees $290
Departs Jan 16/swg/wg.

Bahamas 4 Nights 5-Star $395
Riu Palace Paradise Island + taxes & fees $320
Departs Jan 15/sgn/wg.

Puerto Plata 7 Nights 4-Star $429
Barcelo Puerto Plata + taxes & fees $375
Departs Jan 23/sqv/jz.

Cayo Coco 7 Nights 4-Star $455
Memories Caribe Beach Resort + taxes & fees $290
Departs Jan 24/swg/wg.

Riviera Maya 7 Nights 4-Star $559
Riviera Maya Roulette 4 + taxes & fees $329
Departs Jan 23/sqv/jz.

Costa Rica 7 Nights 3.5-Star $599
Sol Papagayo + taxes & fees $262
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Barbados 7 Nights 4-Star $1298
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GETTING BEHIND THE SCHEMES AT WORK

No boss wants to shell out bucks when it's not necessary But some go to lengths to avoid the times when it is

WORKPLACE LAW

DANIEL LUBLIN
DAN@TORONTO-EMPLOYMENTLAWYER.COM
TWITTER: @DANLUBLIN

Money is the cause of most workplace disputes. Employees and employers each feel that they deserve more of it and each will invariably go to great lengths to keep it in their own pockets, leaving less for the other. The following are some of the most common money-saving schemes that employers try to pull on employees, followed by next week's column on employees' favourite tricks.

ISTOCK

▶ Don't forget that working overtime, regardless of the reason, requires payment.

Alleged poor performance: Employers hate paying employees not to work for them. But this is exactly what the law of severance requires. To fire an employee in Canada, they must be paid fair severance. However, employers attempt to circumvent this law by "building" a case for poor performance, hoping it will reduce their severance obligation or eliminate them altogether. Most of these attempts will fail. Unless an employee is objectively incompetent, courts do not award less severance for alleged poor performance.

Bonuses: Similarly, why would an employer reward an employee with a bonus, if he is about to be fired? Most will not, claiming that the bonus was a matter of discretion. However, seldom are bonuses truly discretionary, no matter how they are described. If there is a reasonable expectation for payment, based on past practices, it must still be paid.

Overtime: Employers encourage and then reward employees who work around the clock. But then they hate to pay them for it. One common trick is to pile on so much work that the employee has no choice but to stay late and since they were not specifically asked to work overtime, employers argue they have no entitlement to extra pay for it. Unaware that employment legislation requires overtime payment, without exception, for any overtime hours actually worked, regardless of the reason, many employees are routinely underpaid.

Non-competition agreements: Most employers now include these in their contracts, no matter how junior or administrative the employee. The problem is that they expect employees to comply with restrictions, such as not working in their industry for long periods of time, while refusing to pay them severance during this period. For a court to uphold a post employment restriction, it must agree that it is fair. Employers cannot expect employees to stay at home, without compensating them for that time.

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN

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Giving back feels good at any age

Whether six or 16, getting kids involved in volunteer work can influence them far beyond their younger years

Any parent will tell you that their to-do lists are brimming with schoolwork and extracurricular activities.

Family calendars are jam-packed with homework assignments, reading lists, hockey practice, dance recitals, swimming lessons and community service.

If you haven't scheduled volunteering in your family calendar, it's time to put it on the list this month. Whether your children are in kindergarten or in their teens, introducing them to volunteer opportunities helps to embed a spirit of service and builds their lifelong commitment to civic involvement.

NEWS CANADA

▶ Could there be a better environment to make lasting friends than one in which everyone is doing their best to help others?

Ages 6-10:

Keep it simple and fun

Food banks are a great way to get kids to volunteer alongside their parents. All children love working with their hands and can help categorize and label food items.

Another idea is to take your child to a nursing home where they can meet and bond with seniors, play board games and work on fun arts and crafts projects together.

Ages 10-12:

Take volunteering to the next level

Fine-tune their passion for volunteering by getting your kids to think about what they'd like to see improve in their school, neighbourhood or community centre.

Ask them to come up with a plan and have them enlist the help of their friends to get the job done. Painting a community centre room or cleaning up an abandoned area of their neighbourhood will make a social impact, and they'll be thrilled at the results.

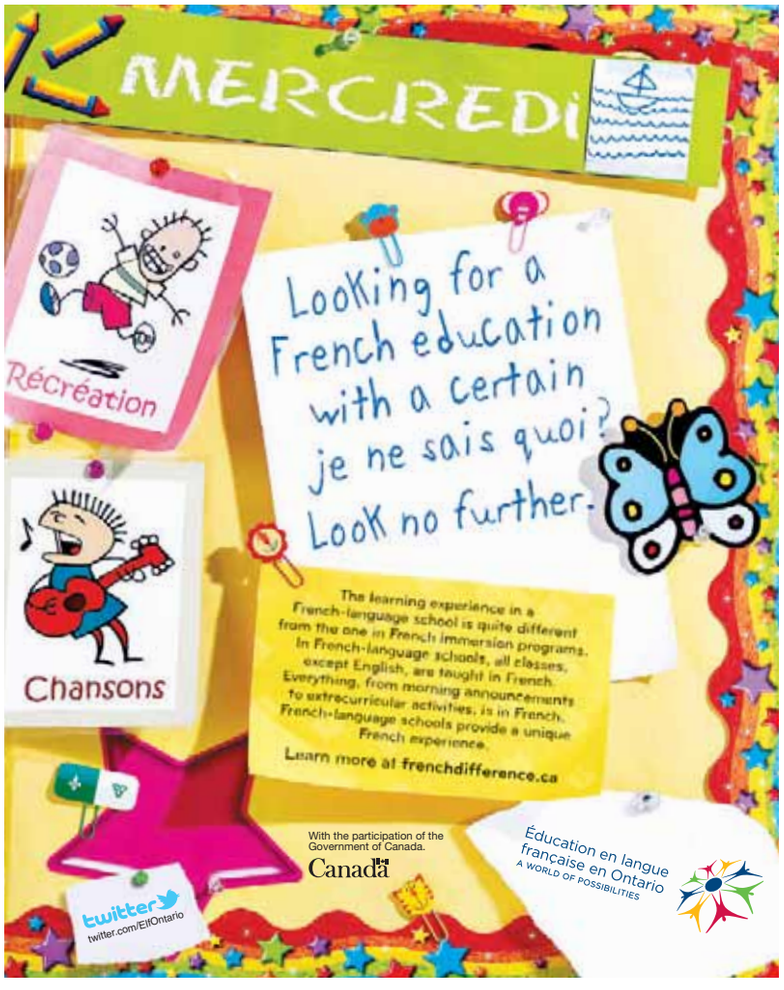
Ages 12-15:
Turn every passion into a volunteer opportunity

Children in this age group have established interests and know what they're good at. Those who do well in school can tutor a friend or a younger child in their subject of choice. If your teen loves animals, have them volunteer at an animal shelter or join a local animal rights group.

Ages 15-18:
Get them involved in a cause that excites them

Working in a homeless shelter distributing meals or getting involved with an environmental or human rights group are just some of the ways older teens can give back. Spreading the word about children in need of clean water, nutrition and education for child development organizations like the Christian Children's Fund of Canada (ccfcanada.ca) can help educate your teens about the poor living conditions in developing countries and instill gratitude in their daily lives.

NEWS CANADA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Don't let dyslexia steal school away

When it comes to dyslexia, diagnosis is never too late

BRUCE WALSH
LIFE@METRONEWS.CA
MWN IN PHILADELPHIA

In 2011, Pulitzer Prize-winning poet Philip Schultz authored My Dyslexia, a frank and touching memoir of his childhood struggles. The book inspired many parents to seek help for their children.

But what about college students who suspect they have an undiagnosed learning disability? For many, seeking help can be a harrowing experience.

Georgann Mire is the founder of Mire Consulting, a Louisiana-based company that specializes in counselling and advocacy for dyslexic students. She is also on the board of directors for the Louisiana Branch of the International Dyslexia Association (interdys.org).

If you suspect that you may be dyslexic, is it important to get a diagnosis — even if you're already in college?

Yes. There are so many ways dyslexic students can get derailed along the way, from final exams to certifications.

Any assistance these students can get is going to help them.

Where can students receive a diagnosis?

A diagnosis can be expensive, somewhere around $1,200. This is a big problem, because often this testing stands in the way of a student receiving [his or her] civil rights.

Some schools offer testing at their disability centre. Some people are able to get tested through their state vocational rehabilitation agencies.

If you have the money, a diagnosis is definitely worth it.

On the International Dyslexia Association website, there is a screening tool to see if you are a candidate for testing.

Often, we think of dyslexia strictly as a deficit. Are there strengths that tend to be associated with it as well?

Absolutely. Kids with dyslexia are typically very creative and intuitive.

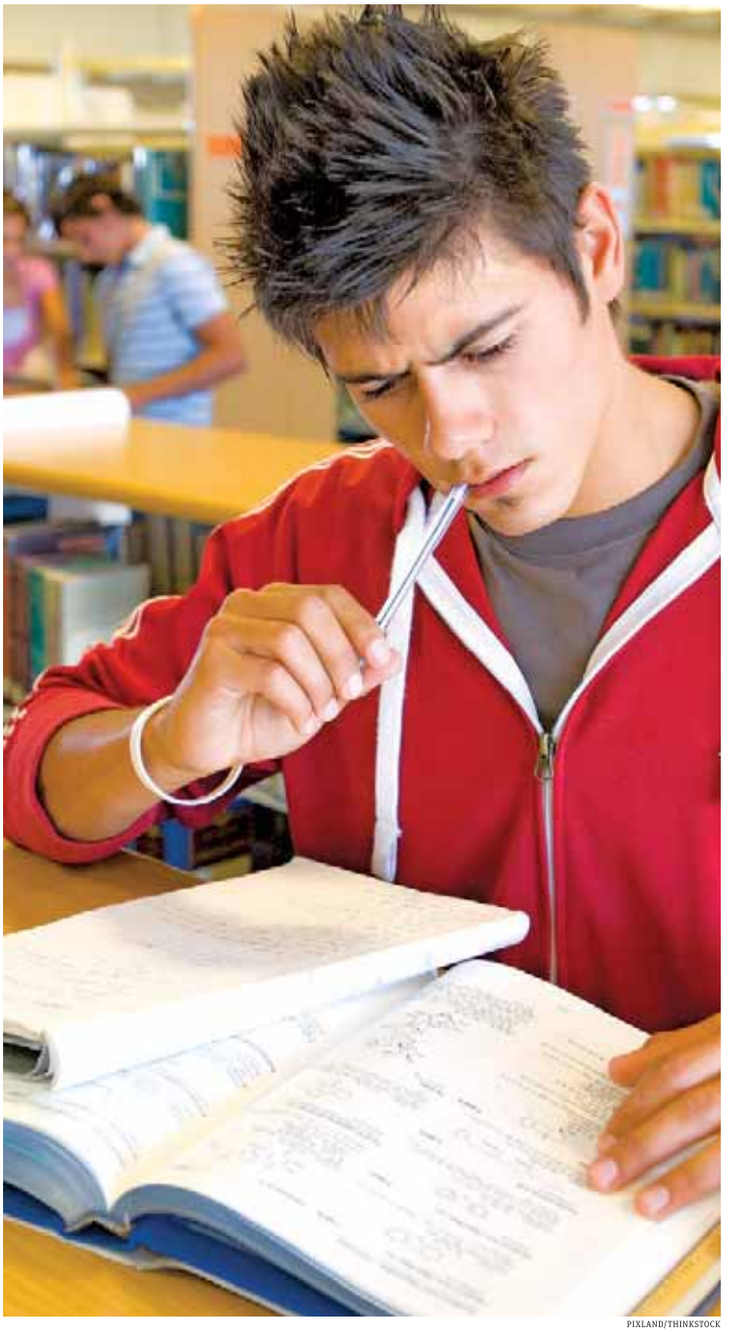
Often, they are very mentally tough as well, because they've had to navigate a lot of obstacles at school.

Once they get into their own field, they often excel, because they naturally think outside of the box.

They process language in a different way, so they give us a whole new perspective on the world.

REFRESHER COURSE

TREAT YOUR FIRST WEEK BACK AFTER HOLIDAYS LIKE FIRST WEEK OF SCHOOL



PIXLAND/THINKSTOCK

University and college students may be tempted to treat the first week back as optional, but experts warn a misstep early on could trip you up for the entire semester.

"Settling back into some rhythms and routines can be quite challenging," says Meri Kim Oliver, assistant vice-president for student services at Dalhousie University.

Treat your first week back like your first week at school, she says. Go to all the classes, meet the professors, get the syllabi, get the books and learn what will be expected of you in the coming months.

David Ness, acting director of student counselling at the University of Manitoba, agrees. He says it can take a few days to switch your brain from holiday to study mode. Start by just showing up.

"It's a pretty easy thing to do and it can start getting you back into your student life," Ness says. "The good news is the first week back, you probably have some flexibility before you have to start hitting your academics really hard."

Oliver urges students to take time to sort out personal issues, too. The Christmas break will have given you time to evaluate your living arrangements.

"We encourage students to pause and have a pizza night with their roommates and talk about how things are going to be different, what tensions there were and that kind of thing," she says. "That can be a bigger issue."

Ness says if you have lingering holiday visitors, or your room is full of tempting new toys and leftover treats, use the campus as your office. Head in before class or stay after and study at the library or coffee shop. It will help focus you and prepare your brain for another semester of learning.

Evaluate your academic progress so far and address any shortcomings. Ness says they can become painfully evident to first-year students when they receive their first-term marks this month. If they aren't as good as you had hoped, figure out where you are struggling.

If substandard writing skills were a consistent theme from your first term, head to your campus writing centre to boost your ability. If it's math, brush up on those skills. Visit your student centre for tips on improving your overall approach to studying.

Ness reminds students that studying at the university level requires specific skills and you may have to "learn to learn."

"Think about, 'What do I need to change to do better academically?'" he says. "Don't give up — don't feel hopeless."

– Jon Tattrie

NEW YEAR'S RESOLUTIONS

- Start a financial budget. Ensure your money is spread evenly over the entire semester.
- Start a study budget. Look at the entire course load and set deadlines to ensure you can get it all done without last-minute marathon study sessions.
- Pick a major. If you haven't yet, this is a good time to commit.

ENERGETIC APPROACH

ISEEE TRAINS STUDENTS TO INTEGRATE AND APPLY DISCIPLINES

Nic Choquette-Levy

ISEEE PHOTO

When he heard how a new policy in California might adversely impact Alberta's oilsands, Nic Choquette-Levy became keenly interested in energy.

Levy, after completing an undergraduate degree in biomedical engineering and international relations, had taken an internship at the Canadian consulate in San Francisco.

There, he learned that California's new low-carbon fuel standard — aimed at reducing emissions that contribute to climate change — might also penalize future imports of carbon-intensive oil produced from the oilsands.

"I decided I wanted to do an interdisciplinary program that let me explore policy but also gave me some of the technical background," Levy says.

Levy became one of the first students in the interdisciplinary Energy and Environmental Systems graduate specialization, offered by the Institute for Sustainable Energy, Environment and Economy (ISEEE) at the University of Calgary.

"Finding solutions to real-world energy and environment problems requires a dynamic, interdisciplinary approach to research and learning," says David Layzell, ISEEE's executive director.

ISEEE's graduate program teaches students educated in one discipline, such as engineering or science, to integrate and apply the knowledge from many disciplines, "including those in the applied, natural and social sciences," Layzell says.

Students, working closely with ISEEE faculty and fellows, are trained to assess energy-environment issues from technical, economic and policy perspectives.

Graduates of ISEEE's three-year-old program are now working at the U.S. National Renewable Energy Laboratory in Colorado, the Catalonia Institute for Energy Research in Spain, and Carbon Engineering, a Calgary company. Others are doing post-doctoral work at Harvard University, University of Texas at Austin, and the University of Calgary.

Levy graduated in November 2011 with an MSc in chemical engineering with the Energy and Environmental Systems specialization. His thesis, which integrated life cycle assessment with cost-benefit analysis, explored ways to reduce greenhouse gas emissions in oilsands operations.

ISEEE's graduate program "trains you to become an effective decision maker," Levy says. "You are part of a unique community of faculty and students from a diverse set of disciplines and life experiences — all of which enriches your learning."

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BUSINESS OF TOURISM

GAIN TRANSFERABLE SKILLS WITH HUMBER PROGRAM

The Humber College Tourism Management degree program is a joint effort of the School of Hospitality, Recreation and Tourism, and the Business School.

Paul Griffin, the associate dean of Humber's Business School, says, "It's a four-year honours degree. It fits onto a common platform or foundation of two years of business studies. For the first two years, the students are mixed in with a group of students from other business degrees, like Human Resources and International Business and E-Business."

Students will then spend years 3 and 4 specializing in tourism.

Tourism Management Prof. Mary Lendway says, "It's a unique program in that there are no other university programs or college programs that are structured the same way so that there is a business focus and then a specialization.

"Ideally, we want the students to transition into the tourism industry or hospitality industry, but with the transferable skills that they gain and the knowledge that they learned within the first two years of the business foundation, they can move into other areas as well," Lendway adds.

Haleigh DiBattista is enrolled in the Tourism Management program. "When I was researching this four years ago, the thing that drew me to this program was that I was not only getting the tourism experience, but I was getting a business experience and then, mixed with that, you've got the co-op."

COURSES

Featured tourism-focused courses include:

- Specialty Tourism Product Development and Marketing — Course that examines the development and marketing of specialty tourism products.
- E-Tourism Strategy and Marketing — Electronic commerce in the travel and tourism industry.
- Global Geography — This course presents an analysis of Canadian and world travel destinations in terms of a tourism industry prospective.

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APPLIED LEADERSHIP

SHERIDAN COLLEGE PHOTO

SHERIDAN DEGREE AIMS TO DEVELOP PROGRESSIVE LEADERS

Sheridan College is offering a new and innovative four-year Bachelor of Applied Arts in Early Childhood Leadership (ECL) that prepares you to become a leader in early childhood education and care.

The ECL degree aims to develop progressive leaders in diverse disciplines in early childhood education and child advocacy. You will learn in state-of-the-art facilities utilizing technology and hands-on application in a curriculum that emphasizes best practices in early learning.

Program co-ordinator Nathalie Di Francesco says, "There aren't a lot of bachelor degrees in our field in general, and this specific degree is innovative and new because it's a four-year program in early childhood education, but it also has a leadership component."

This fills a requirement in a field where there's little training for people aspiring to become co-ordinators of programs or services where young children are involved.

One of the great things about Sheridan's bachelor program is the work term. You will get three field placements and one 14-week work term internship for a total of 1,160 field hours. The applied nature of the program will support your entry into the workforce with relevant practical experiences.

"That's why it's a Bachelor of Applied Arts and not just Bachelor of Arts. We really focus on the applied perspective," says Di Francesco.

Students, as they enter their third and fourth years, will develop team-building and management skills and are encouraged to engage in advocacy and leadership in their field.

Graduates of the program enjoy a broad range of employment opportunities, says Di Francesco.

"Some of our graduates will go on to own early childhood centres and programs, some will become directors, many will co-ordinate programs for specific services in our region.

"We're also looking at research opportunities in our field and how to expand peoples' knowledge and the public's awareness."

TOPICS INCLUDE

With the Early Childhood Leadership (ECL) Program, you will learn about such topics as: Theories of human development; early childhood pedagogy; program models in early childhood; curriculum design and implementation; roles and responsibilities of leaders in early childhood; research, analysis and evaluation; and managing developmental and organizational growth in the early childhood workforce.

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CENTENNIAL COLLEGE PHOTO

WINNING AT CENTENNIAL

Students at Centennial College's School of Business recently won two provincial competitions that tested their skills and knowledge in the fields of marketing and financial planning.

The 26-member team was declared the overall winning college at last week's Ontario Colleges' Marketing Competition, hosted by Humber College. The Centennial team showed its acumen by scoring highly in many of the marketing skills contests, including research, presentations, account management and international marketing.

Centennial School of Business dean Michael Vourakes points out the importance of this provincewide marketing competition for business students. "It's something you can put on your cap, something you can put on your resumé."

He attributes the victory to a hard-working team and the participation of faculty and staff. "I would say it seemed like every night they were training and playing and doing mock sessions."

Bryan Abichandani participated in this year's competition, but says 2010 was disappointing for the team. "Last year we placed 10th in the competition and we didn't do very well."

For more than 30 years the prestigious Ontario Colleges' Marketing Competition has been drawing college teams from across the province, along with faculty coaches and considerable corporate support.

Abichandani is enjoying his experiences studying at Centennial.

"The program is fantastic. I honestly do believe that I chose the right college to go to. I've met a lot of good friends and my profs have been there to support me. A lot of them have been really cool giving me advice. The school has actually let me be adventurous and creative with what I think should be done with the school as well."

Centennial College School of Business students Ricky Teakchand Singh and Tony Mei hold the OCMC Winners' Cup, along with teammates Julie Anne Martinez and Bryan Abichandani, who is holding his William & Margaret Lydiatt Award.

CENTENNIAL COLLEGE PHOTO

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George Brown College now offers two new apprenticeship training courses in Electrical and Plumbing Techniques. These two fields are rapidly growing in response to increased construction across the province. The courses will prepare you with the fundamental skills in a practical, hands-on environment.

With this one-year program, you can achieve an Ontario College Certificate at the end of the year. And with 600-plus hours over two semesters, "It gives the student a broad view of what the trades are about, the theory component of it and the hands-on component." says John Maceroni, project manager for the development of the new courses. "The two programs that are the Plumbing and Electrical Techniques programs are to be launched in May of 2012."

An apprenticeship is a three-part contract between the employer, the employee, and the ministry, says Maceroni. "This gives the opportunity for the student to participate in the basic level training of the apprenticeship, that's what the Techniques program is based on."

With the need to replenish retirees as well as an anticipated skills shortage, George Brown Techniques program graduates are looking at favourable job opportunities.

"Every call that we get from kids coming into the apprenticeship, they all want to be electricians. And the second trade would be plumbers. Also, for a mature student who wanted to get into one of the apprenticeships but really never had an avenue to do that, it gives them an opportunity also."

OPPORTUNITIES

Graduates of the Plumbing Techniques program can find employment with independent contractors and building maintenance operations. This program can also be your gateway to a plumbing apprenticeship.

The Electrical Techniques program provides several pathways into numerous occupations and other college training programs in the electrical industry, including electronics, electrical mechanical and apprenticeship.

GEORGE BROWN COLLEGE PHOTO

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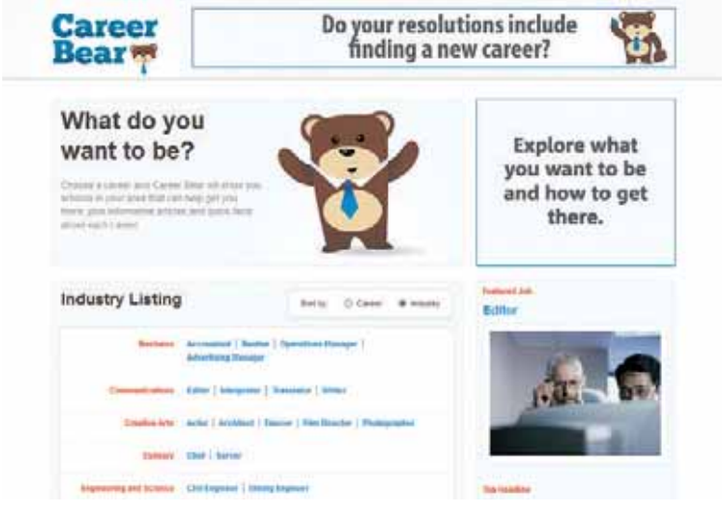
PUT YOUR PAWS ON CAREERBEAR

NEW WEBSITE AIMS TO SOLVE PROBLEM SURROUNDING FINDING DREAM CAREER

CareerBear.com, a new website, is the first in Canada to help people learn more about their dream careers and take steps to become what they want to be.

Many of us like to daydream — usually while at our current job — about other careers. Maybe you have thought about becoming a chef (you have always loved whipping up tasty improvisations for dinner), or a plumber (after realizing how much it cost to fix that leak) or a pilot (because pilots are cool).

Many of these careers and others are often shrouded in mystery. For example, most people don't know how much a flight attendant makes, or what kind of training is required to become a paralegal. And even if you search around online, it's unclear from most websites how to take it to the next step if you want to pursue that career.


Career Bear
Do your resolutions include finding a new career?
What do you want to be?
Explore what you want to be and how to get there.
Industry Listing
Editor

CareerBear.com aims to solve this problem. First, you select a career — any of those mentioned above, plus more in the fields of skilled trades, IT, creative arts, business, etc. Then the site provides you not just with quick facts and articles about how to make your move, but also suggests programs and schools in your area.

For example, let's say you wanted to learn more about becoming a pharmacy assistant. The site's "quick facts" tell you that employment prospects are good (there are lots of open positions, plus aging demographics are expected to fuel demand for health services) and articles let you know more about the job and some required skills you may not have guessed (for example, pharmacy assistants apparently need "good manual dexterity").

In addition, CareerBear.com automatically detects your location and suggests relevant training opportunities closest to your city.

If you have ever thought about changing careers or want to learn more about a different path, the site is definitely worth checking out.

MANY CHOICES

CareerBear.com features more than 40 different careers, sorted either by name or by industry.

The site lists programs closest to major cities Vancouver, Edmonton, Calgary, Winnipeg, London, Toronto, Ottawa, Montreal and Halifax.

The site is totally free to use, supported by advertising.

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4 sports

Leafs preview

Buffalo at Toronto
7 p.m.
TV: SNET

The Maple Leafs (21-15-5) welcome Buffalo (18-18-5) for the first half of a home-and-home. The Sabres have won two of their last 10 and haven't won on the road since Dec. 3. Ville Leino (broken foot) returned to the lineup in a 2-1 overtime loss to Winnipeg on Saturday. Tyler Myers, playing in his second game back from a broken wrist, scored his third goal of the season in the loss. Derek Roy (upper body) was hurt in a 4-2 loss to the Hurricanes on Friday and will be out for a little while. Jason Pominville leads all Sabres with 43 points in 41 games.
THE CANADIAN PRESS

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RICHARD LAUTENS/TORSTAR NEWS SERVICE

▶ Andrea Bargnani goes up on defence against Timberwolves forward Derrick Williams.

Visit from T-Wolves just what Raps needed

Minnesota continues to struggle at Air Canada Centre, where it hasn't won since 2004 ◗ Bargnani leads Toronto with 31 points, nine rebounds

Andrea Bargnani scored 31 points and hauled in nine rebounds on Monday as the Toronto Raptors continued their dominance over the Minnesota Timberwolves with a 97-87 victory.

The Raptors have won 14 of their past 15 games against Minnesota. They have won eight in a row at Air Canada Centre where Minnesota last won on Jan. 21, 2004.

Amir Johnson had a season-best 19 points to go with 11 rebounds for Toronto (4-5), while Jose Calderon added 14 points and six assists. Leandro Barbosa chipped in with 13.

RAPTORS	T-WOLVES
97	87

Jose Barea led Minnesota (3-6) with 16 points while Kevin Love had 14 rebounds and 13 points. Luke Ridnour and Derrick Williams also scored 13 each and Ricky Rubio added 10.

The win was the first game in the Raptors' only back-to-back-to-back series of the season.

Toronto travels to Washington to face the Wizards on Tuesday, then returns to host the Sacramento Kings on Wednesday.

The Raptors — who were coming off lacklustre losses at home to New Jersey and away to Philadelphia — took a four-point lead into the fourth quarter.

The Timberwolves scored the first four points of the fourth to pull even, but Raptors outscored them 24-18 in the quarter to put the game out of reach. **THE CANADIAN PRESS**

Spiralling Blue Jackets fire coach

The last-place Columbus Blue Jackets are turning to a new coach in an effort to salvage something from a disastrous season.

Scott Arniel was fired following a 7-4 loss to Anaheim on Sunday night. Assistant Todd Richards takes over until the end of the season, when a full search will be conducted.

The Blue Jackets are 20 points out of playoff position with half a season to play.

"It's gone off the rails since then," Howson said Monday.

Once the GM made the decision to fire his coach, he flew to California on Saturday to deliver the news in person. Howson, who is undeniably on the hot seat himself, sought approval from his bosses to make the move and received it.

This was supposed to be a season of hope and change for the Blue Jackets. Centre Jeff Carter was acquired in a trade from Philadelphia and defenceman James Wisniewski inked a $33-million US, six-year contract.

But Wisniewski was suspended eight games stemming from an ugly pre-season hit and Carter fractured his right foot in October as Columbus stumbled out of the gate. The season was essentially lost by the time the team hit the 15-game mark at 2-12-1. **THE CANADIAN PRESS**

"He did everything he could. ... It just didn't work for him with this group."
COLUMBUS GM SCOTT HOWSON ON FIRING COACH SCOTT ARNIEL

DAVID PAUL MORRIS/GETTY IMAGES FILE

▶ Barry Larkin with the Reds in 2004.

Hall of Fame nod makes sense to Larkin

Barry Larkin has been elected to baseball's Hall of Fame.

The former Cincinnati Reds shortstop received 495 votes (86 per cent) in balloting announced Monday by the Baseball Writers' Association of America, well above the necessary 75 per cent. Larkin was on the ballot for the third time after falling 75 votes short last year.

30 In 1996, Barry Larkin became the first shortstop to have 30 homers and 30 steals in a season.

He will be inducted July 22 in Cooperstown along with the late Ron Santo, elected last month by the Veterans Committee.

"It's just amazing," Larkin said in an interview on MLB Network. "Last year I just started to smell it a little bit.

"The first year I didn't even think it was fathomable, to be quite honest."

Jack Morris was next with 382 votes (67 per cent), missing by 48 votes on his 13th try but up sharply from 54 per cent last year. The former Toronto Blue Jays pitcher has two chances left on the BBWAA ballot.

Playing from 1986 to '04, Larkin hit .295 with 198 home runs, 960 RBIs, 2,340 hits and 379 stolen bases. He won the 1995 NL MVP award, three Gold Gloves and the 1990 World Series. **THE ASSOCIATED PRESS**

After Tebow, many questions

Banged-up Steelers still reeling following shocking loss to Broncos Aging defence may require roster moves

JEFF GROSS/GETTY IMAGES

▶ Steelers coach Mike Tomlin looks on prior to the start of Sunday's game against the Broncos.

Mike Tomlin wouldn't change a thing.

Probably.

The Pittsburgh Steelers coach said Monday he'd defend Broncos quarterback Tim Tebow the same way if given another chance, even after Tebow burned the defending AFC champions for an 80-yard touchdown pass on the first play of overtime to lift Denver to a stunning 29-23 victory.

"Obviously they made some nice plays on us and in hindsight you would analyze it, but your options are limited in terms of how you attack them," Tomlin said.

The Steelers crowded the line of scrimmage and dared Tebow to beat the NFL's top-ranked defence with his sometimes erratic left arm. Tebow obliged by throwing for 316 yards and a pair of long touchdowns, including the dart Demaryius Thomas turned into the quickest overtime score in NFL playoff history.

"They made a nice football play," Tomlin said.

One that sent the Steelers into what could be an eventful off-season sooner than they hoped.

A year after falling just short in the Super Bowl, the Steelers went 12-5 despite a rash of injuries affecting every position. Even if Pittsburgh had somehow prevailed in Denver, there's no telling how many healthy bodies would have been left to play on Saturday night in New England.

Left tackle Max Starks and nose tackle Casey Hampton both sustained knee injuries that could require surgery. Defensive end Brett Keisel's groin acted up and linebacker LaMarr Woodley's strained right hamstring remains balky more than two months after tweaking it.

Those injuries don't include quarterback Ben Roethlisberger's sprained left ankle, safety Troy Polamalu's tender right calf or centre Doug Legursky's aching left shoulder.

Cornerback Ike Taylor, who let Thomas get by him for the game winning TD, will get a chance at redemption next season after signing a four-year contract in the pre-season. So will Polamalu and Woodley, who both agreed to extensions before the regular season kicked off.

They're among the few certainties on a still formidable but aging defence that started seven players in their 30s on Sunday.

Tomlin allowed that "change is a part of this thing" but the Steelers will do what they can to keep the core group together.

There are fewer questions on offence, though the unit underperformed at times, finishing 22nd in the league in points per game. Roethlisberger played through thumb and foot injuries behind an offensive line that didn't find any cohesion until the second half of the season.

"We feel like we really have great potential to be a really good offence," Roethlisberger said. "I told a lot of guys that. We can be great, we just have to put in the work in the off-season. A lot of that's going to fall on me. We're young."

Almost.

Veteran wide receiver Hines Ward will turn 36 in the off-season and though he's under contract for two more years, he's coming off a season in which made just 46 receptions, the fewest since his rookie year in 1998. He shot down speculation he may retire and won't address anything until the shock wears off.

"To end it like that in overtime, to go 12-4 and have it come down to an overtime loss the way it did is sad," he said. "This will stick with (us) a lot as one of the worst games we ever lost."

THE ASSOCIATED PRESS

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	39	26	9	1	3	116	82	56	12-3-0-2	14-6-1-1	9-1-0-0	W4
d-Boston	38	26	11	0	1	141	73	53	14-7-0-1	12-4-0-0	8-2-0-0	L1
d-Florida	42	21	13	4	4	109	116	50	11-4-1-4	10-9-3-0	4-4-2-0	W1
Philadelphia	40	24	12	2	2	137	121	52	10-6-1-1	14-6-1-1	4-5-0-1	L1
Ottawa	43	22	15	4	2	135	143	50	14-8-0-1	8-7-4-1	7-2-1-0	W1
New Jersey	41	23	16	1	1	114	117	48	11-7-0-1	12-9-1-0	6-3-1-0	W2
Toronto	41	21	15	3	2	133	131	47	11-5-2-2	10-10-1-0	5-3-2-0	W3
Pittsburgh	40	21	15	2	2	123	106	46	11-7-2-0	10-8-0-2	4-6-0-0	L4
Winnipeg	41	20	16	3	2	109	119	45	14-6-0-1	6-10-3-1	6-3-0-1	W1
Washington	39	21	16	0	2	116	115	44	14-5-0-1	7-11-0-1	6-3-0-1	L1
Buffalo	41	18	18	3	2	107	121	41	10-9-3-2	8-9-0-0	2-6-1-1	L2
Montreal	41	16	18	2	5	109	114	39	7-7-2-4	9-11-0-1	3-7-0-0	W2
Tampa Bay	40	17	20	1	2	109	136	37	11-5-0-0	6-15-1-2	4-5-1-0	L3
Carolina	43	14	22	4	3	112	146	35	10-10-0-3	4-12-4-0	4-4-1-1	L1
NY Islanders	39	14	19	4	2	91	125	34	8-9-3-0	6-10-1-2	5-5-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	43	26	14	0	3	139	104	55	12-5-0-2	14-9-0-1	6-3-0-1	L1
d-Detroit	41	26	14	1	0	134	94	53	15-2-1-0	11-12-0-0	7-3-0-0	W1
d-San Jose	38	23	11	3	1	112	89	50	14-7-2-0	9-4-1-1	8-1-1-0	W4
St. Louis	41	24	12	0	5	107	89	53	17-3-0-2	7-9-0-3	6-3-0-1	W3
Chicago	42	24	13	2	3	134	123	53	14-5-1-3	10-8-1-0	4-5-1-0	L4
Nashville	41	22	15	3	1	111	114	48	12-7-2-1	10-8-1-0	6-4-0-0	W1
Minnesota	42	21	15	2	4	96	101	48	11-6-1-2	10-9-1-2	1-7-0-2	L3
Dallas	40	23	16	0	1	112	114	47	13-7-0-1	10-9-0-0	5-5-0-0	W2
Los Angeles	42	20	15	3	4	88	93	47	12-10-0-2	8-5-3-2	6-1-1-2	L1
Colorado	43	23	19	1	0	114	120	47	13-10-0-0	10-9-1-0	8-2-0-0	L1
Phoenix	42	20	17	3	2	108	109	45	8-8-2-1	12-9-1-1	4-4-2-0	W1
Calgary	43	19	19	3	2	103	124	43	11-5-1-1	8-14-2-1	5-4-1-0	W1
Edmonton	41	16	22	0	3	111	119	35	10-6-0-2	6-16-0-1	2-8-0-0	L3
Anaheim	40	12	22	2	4	99	133	30	9-12-1-0	3-10-1-4	3-6-0-1	W2
Columbus	41	11	25	1	4	99	137	27	6-11-1-2	5-14-0-2	2-7-0-1	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Florida 2 Vancouver 1
Washington at Los Angeles
Sunday's results
Ottawa 6 Philadelphia 4
Anaheim 7 Columbus 4
Detroit 3 Chicago 2 (OT)
Tonight's games
All Times Eastern
Winnipeg at Boston, 7 p.m.
Buffalo at Toronto, 7 p.m.
Detroit at N.Y. Islanders, 7 p.m.
Phoenix at N.Y. Rangers, 7 p.m.
Ottawa at Pittsburgh, 7 p.m.
Philadelphia at Carolina, 7 p.m.
St. Louis at Montreal, 7:30 p.m.
Vancouver at Tampa Bay, 7:30 p.m.
San Jose at Minnesota, 8 p.m.
Columbus at Chicago, 8:30 p.m.
Nashville at Colorado, 9 p.m.
New Jersey at Calgary, 9 p.m.
Dallas at Anaheim, 10 p.m.
Tomorrow's games
Pittsburgh at Washington, 7:30 p.m.
New Jersey at Edmonton, 9 p.m.

PANTHERS 2, CANUCKS 1

First Period
1. Vancouver, Weise 3 (Malhotra) 3:11
Penalties — Ballard Vcr (double roughing), Repik Fla (slashing) 4:58, Versteeg Fla (tripping) 12:33.
Second Period
2. Florida, Kulikov 4 (Goc, Matthias) 5:00
3. Florida, Goc 4 (Kopecky, Versteeg) 10:52 (pp)
Penalties — Kulikov Fla (hooking) 6:21, Weise Vcr (holding) 9:15.
Third Period
No Scoring.
Penalties — Samuelsson Fla (tripping) 0:39, Burrows Vcr (interference) 19:31.
Shots

Vancouver	10	2	14	26
Florida	6	14	2	22

Goal — Vancouver: Luongo (L,17-9-3); Florida: Clemmensen (W,5-1-3).
Power plays (goals-chances) — Vancouver: 0-3; Florida: 1-3.
Referees — Paul Devorski, Ghislain Hebert.
Linesmen — Don Henderson, Pierre Racicot.
Attendance — 16,712 (17,040).

LATE SUNDAY

WINGS 3, BLACKHAWKS 2 (OT)

First Period
1. Chicago, Bolland 9 (Hossa, Leddy) 3:35 (pp)
2. Chicago, Sharp 20 (Frolik, Hossa) 4:19
3. Detroit, V.Filppula 14 (Zetterberg, Hudler) 13:29 (pp)
Penalties — Ericsson Det (slashing) 2:41, Brunette Chi (roughing) 11:26, Seabrook Chi (slashing) 13:16.
Second Period
No Scoring.
Penalties — Detroit bench (too many men; served by Bertuzzi) 6:36, Kronwall Det (interference) 11:57.
Third Period
4. Detroit, Cleary 10 (Zetterberg, V.Filppula) 15:15 Missed penalty shot — Hayes Chi, 7:53.
Penalty — Cleary Det (holding) 0:48.
Overtime
5. Detroit, Datsyuk 13 (Ericsson, Franzen) 3:08
Penalty — Franzen Det (roughing) 3:08.
Shots

Detroit	9	6	9	3—27
Chicago	9	11	9	2—31

Goal — Detroit: Conklin (W,2-4-0); Chicago: Crawford (L,15-10-3). **Power plays (goals-chances)** — Detroit: 1-2; Chicago: 1-5.
Referees — Mike Hasenfratz, Kevin Pollock.
Linesmen — Thor Nelson, Mike Cvik.
Attendance — 21,858 (19,717).

DUCKS 7, BLUE JACKETS 4

First Period
1. Anaheim, Cogliano 8 (Sbisa, Blake) 2:14
2. Anaheim, Perry 16 (Ryan, Beauchemin) 13:02
3. Columbus, Nash 13 (Prospal) 17:31
4. Anaheim, Selanne 13 (Getzlaf, Visnovsky) 18:24 (pp)
5. Anaheim, Koivu 6 (Ryan) 18:59
Penalties — Brassard Clb (boarding) 6:55, Methot Clb (interference) 17:52.
Second Period
6. Columbus, Brassard 5 (Johnson, Clitsome) 4:11 (pp)
7. Anaheim, Perry 17 (Koivu, Visnovsky) 18:24 (pp)
Penalties — Beauchemin Ana (roughing) 3:45, Dorsett Clb, Beleskey Ana (fighting) 4:11, MacKenzie Clb (roughing) 17:17, Pahlsson Clb (slashing) 17:43, MacKenzie Clb (misconduct) 18:24.
Third Period
8. Anaheim, Selanne 14 (Hagman, Koivu) 0:27
9. Columbus, Nash 14, 4:27
10. Columbus, Prospal 9 (Dorsett, Pahlsson) 14:06
11. Anaheim, Perry 18 (Beauchemin) 19:17 (en)
Penalties — Dorsett Clb, Beauchemin Ana (misconduct) 0:48, Boll Clb, Brookbank Ana (fighting) 0:53, Beleskey Ana (interference) 2:05, Kubalik Clb (boarding) 7:30, Jacques Ana (elbowing major) 14:17.
Shots

Columbus	8	6	4	18
Anaheim	16	7	4	27

Goal (shots-saves) — Columbus: Mason (16-12), Sanford (L,6-8-3)(start second)(10-8); Anaheim: Hiller (8-7), Tarkki (W,1-0-0)(18:59 first)(10-7). **Power plays (goals-chances)** — Columbus: 1-3; Anaheim: 2-5.
Referees — Kyle Rehman, Brad Meier. **Linesmen** — Lonnie Cameron, Greg Devorski.
Attendance — 13,053 (17,174).

SCORING LEADERS

	G	A	PT
H.Sedin, Vcr	11	38	49
Kessel, Tor	24	24	48
Giroux, Pha	18	30	48
Lupul, Tor	19	28	47
D.Sedin, Vcr	18	29	47
Stamkos, TB	28	17	45
Ma.Hossa, Chi	17	27	44
Malkin, Pgh	16	28	44
Eberle, Edm	17	26	43
Pominville, Buf	14	29	43
Datsyuk, Det	13	30	43
Spezza, Ott	15	27	42
Backstrom, Wash	13	29	42
Toews, Chi	22	19	41
Benn, Dal	13	28	41
Karlsson, Ott	6	35	41
Sharp, Chi	20	20	40
Vanek, Buf	19	21	40
Selanne, Ana	14	25	39
Versteeg, Fla	17	21	38
Eriksson, Dal	14	24	38
Elias, NJ	14	24	38

Not including last night's games

NFL

PLAYOFFS

WILD-CARD PLAYOFFS
Sunday's results
NFC
N.Y. Giants 24 Atlanta 2
AFC
Denver 29 Pittsburgh 23 (OT)
Saturday's results
AFC
Houston 31 Cincinnati 10
NFC
New Orleans 45 Detroit 28

DIVISIONAL PLAYOFFS
All Times Eastern
Saturday's games
NFC
New Orleans (14-3) at San Francisco (13-3), 4:30 p.m.
AFC
Denver (9-8) at New England (13-3), 8 p.m.
Sunday's games
AFC
Houston (11-6) at Baltimore (12-4), 1 p.m.
NFC
N.Y. Giants (10-7) at Green Bay (15-1), 4:30 p.m.

FOOTBALL

NCAA BOWL GLANCE

All Times Eastern
Last night's result
BCS NATIONAL CHAMPIONSHIP
At New Orleans
Louisiana State (13-0) vs. Alabama (11-1)
Sunday's result
GODADDY.COM BOWL
At Mobile, Ala.
Northern Illinois 38 Arkansas State 20
Saturday, Jan. 21
EAST-WEST SHRINE CLASSIC
At St. Petersburg, Fla.
East vs. West, TBA
Saturday, Jan. 28
SENIOR BOWL
At Mobile, Ala.
North vs. South, 4 p.m.
Saturday, Feb. 4
TEXAS VS. NATION
At San Antonio, Texas
Texas vs. Nation, 2 p.m.

NLL

	GP	W	L	Pct.	GF	GA	GB
EAST DIVISION							
Buffalo	0	0	0	.000	0	0	—
Philadelphia	0	0	0	.000	0	0	—
Rochester	0	0	0	.000	0	0	—
Toronto	1	0	1	.000	9	12	1/2
WEST DIVISION							
Calgary	1	1	0	1.000	12	9	—
Colorado	0	0	0	.000	0	0	1/2
Edmonton	0	0	0	.000	0	0	1/2
Minnesota	0	0	0	.000	0	0	1/2
Washington	0	0	0	.000	0	0	1/2

WEEK ONE
Sunday's result
Calgary 12 Toronto 9
WEEK TWO
Saturday, Jan. 14
All Times Eastern
Rochester at Philadelphia, 7 p.m.
Toronto at Buffalo, 7:30 p.m.
Minnesota at Colorado, 9 p.m.
Calgary at Washington, 10:30 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Miami	8	1	.889	—
d-Chicago	8	2	.800	1/2
d-Philadelphia	6	2	.750	1 1/2
Atlanta	7	3	.700	1 1/2
Indiana	6	3	.667	2
Orlando	6	3	.667	2
New York	5	4	.556	3
Boston	4	4	.500	3 1/2
Cleveland	4	4	.500	3 1/2
Toronto	4	5	.444	4
Milwaukee	2	6	.250	5 1/2
Charlotte	2	7	.222	6
Detroit	2	7	.222	6
New Jersey	2	8	.200	6 1/2
Washington	0	8	.000	7 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	8	2	.800	—
Portland	6	2	.750	1
d-San Antonio	6	3	.667	1 1/2
d-L.A. Clippers	4	2	.667	2
Denver	6	3	.667	1 1/2
Utah	5	3	.625	2
L.A. Lakers	6	4	.600	2
Phoenix	4	4	.500	3
Dallas	4	5	.444	3 1/2
Memphis	3	5	.375	4
Minnesota	3	6	.333	4 1/2
Sacramento	3	6	.333	4 1/2
Houston	2	6	.250	5
New Orleans	2	6	.250	5
Golden State	2	6	.250	5

d-division leader

Last night's results
Toronto 97 Minnesota 87
Philadelphia 96 Indiana 86
Atlanta 106 New Jersey 101
New York 91 Charlotte 87
Chicago 92 Detroit 68
New Orleans at Denver
Sunday's results
Minnesota 93 Washington 72
Orlando 104 Sacramento 97
Oklahoma City 108 San Antonio 96
Phoenix 109 Milwaukee 93
Portland 98 Cleveland 78
L.A. Lakers 90 Memphis 82
Tonight's games
All Times Eastern
Houston at Charlotte, 7 p.m.
Toronto at Washington, 7 p.m.
Sacramento at Philadelphia, 7 p.m.
Dallas at Detroit, 7:30 p.m.
Chicago at Minnesota, 8 p.m.
Oklahoma City at Memphis, 8 p.m.
San Antonio at Milwaukee, 8 p.m.
Cleveland at Utah, 9 p.m.
L.A. Clippers at Portland, 10 p.m.
Miami at Golden State, 10:30 p.m.
Phoenix at L.A. Lakers, 10:30 p.m.
Wednesday's Games
Atlanta at Indiana, 7 p.m.
Sacramento at Toronto, 7 p.m.
Philadelphia at New York, 7:30 p.m.
Washington at Chicago, 8 p.m.
Oklahoma City at New Orleans, 8 p.m.
Dallas at Boston, 8 p.m.
Houston at San Antonio, 8:30 p.m.
New Jersey at Denver, 9 p.m.
L.A. Lakers at Utah, 9 p.m.
Orlando at Portland, 10 p.m.
Miami at L.A. Clippers, 10:30 p.m.

TENNIS

ATP-WTA APIA INTERNATIONAL

At Sydney, Australia
MEN
Singles — First Round
Matthew Ebden, Australia, def. Marcel Granollers (7), Spain, 6-1, 3-6, 6-3.
Lukasz Kubot, Poland, def. Ivan Dodig, Croatia, 7-6 (4), 7-5.
Ryan Sweeting, U.S., def. Gilles Muller, Luxembourg, 3-6, 7-6 (2), 7-5.
Denis Istomin, Uzbekistan, def. Pablo Andujar, Spain, 6-3, 2-6, 6-3.
Jarkko Nieminen, Finland, def. James Duckworth, Australia, 6-2, 6-2.
Bobby Reynolds, U.S., def. Sergiy Stakhovsky, Ukraine, 7-5, 6-3.
Doubles — First Round
Colin Ebelthite and Marinko Matosevic, Australia, def. Mariusz Fyrstenberg and Marcin Matkowski (3), Poland, 7-6 (4), 7-6 (3).
WOMEN
Singles — First Round
Victoria Azarenka (3), Belarus, def. Stefanie Voegele, Switzerland, 6-2, 6-1.
Li Na (4), China, def. Ekaterina Makarova, Russia, 6-0, 6-3.
Francesca Schiavone, Italy, def. Sam Stosur (5), Australia, 6-2, 6-4.
Svetlana Kuznetsova, Russia, def. Vera Zvonareva (6), Russia, 6-1, 6-2.
Agnieszka Radwanska (7), Poland, def. Urszula Radwanska, Poland, 6-1, 6-1.
Marion Bartoli (8), France, def. Polona Hercog, Slovenia, 6-3, 6-3.
Andrea Petkovic, Germany, def. Anastasia Pavlyuchenkova, Russia, 6-2, 6-3.
Daniela Hantuchova, Slovakia, def. Roberta Vinci, Italy, 7-5, 6-2.
Alexandra Dulgheru, Romania, def. Sofia Arvidsson, Sweden, 6-1, 6-1.
Chanelle Scheepers, South Africa, def. Melinda Czink, Hungary, 6-4, 6-2.
Dominika Cibulkova, Slovakia, def. Peng Shuai, China, 6-2, 4-6, 6-4.
Jelena Jankovic, Serbia, def. Julia Goerges, Germany, 6-1, 3-1 (retired).
Doubles — First Round
Kveta Peschke, Czech Republic, and Katarina Srebotnik (1), Slovenia, def. Iveta Benesova and Barbora Zahlavova Strycova, Czech Republic, 6-4, 1-6, 10-4 (tiebreak).
Sofia Arvidsson, Sweden, and Jelena Dokic, Australia, def. Alexandra Dulgheru, Romania, and Michaella Krajicek, Netherlands, 6-1, 6-3.
Alla Kudryavtseva and Ekaterina Makarova, Russia, def. Sania Mirza, India, and Roberta Vinci, Italy, 6-3, 4-6, 10-8 (tiebreak).

ATP HEINEKEN OPEN

At Auckland, New Zealand
Singles — First Round
Thomaz Bellucci (6), Brazil, def. Rui Machado, Portugal, 6-3, 7-6 (3).
Alejandro Falla, Colombia, def. Donald Young (7), U.S., 4-6, 6-3, 6-3.
Santiago Giraldo, Colombia, def. Michael Venus, New Zealand, 6-4, 6-3.
Doubles — First Round
David Marrero, Spain, and Andre Sa, Brazil, def. Daniele Bracciali and Potito Starace, Italy, 6-4, 2-6, 10-4 (tiebreak).

SOCCER

ENGLAND

FA CUP
THIRD ROUND
Yesterday's result
Arsenal 1 Leeds 0

LOOKING TO MAKE A CAREER CHANGE?
Read metro work every Monday & Wednesday.

Angels, Kendrick agree to four-year deal

All-star second baseman could have been a free agent after next season

Contract worth $33.5 million

All-star second baseman Howie Kendrick agreed to a $33.5 million US, four-year contract with the Los Angeles Angels on Monday, passing up a chance to hit the free-agent market after next season.

The move was the latest in a busy off-season spending spree for Angels owner Arte Moreno and new general manager Jerry Dipoto.

The 28-year-old Kendrick batted .285 with a career-best 18 homers and 63 RBIs while committing just four errors in 140 games last year, earning a spot on his first AL all-star team. He was eligible for arbitration this off-season.

Los Angeles' payroll will be among the majors' biggest next season, with about $130 million already committed to 15 players. The Angels added Albert Pujols with a $240 million, 10-year deal, left-hander C.J. Wilson with a $77.5 million, five-year contract and reliever La-Troy Hawkins with a $3 million, one-year agreement.

Dipoto has discussed a long-term contract extension with shortstop Erick Aybar, who also is eligible for arbitration. Third baseman Alberto Callaspo and long-injured first baseman Kendrys Morales also are arbitration-eligible.

Kendrick was among the Angels' top prospects when he reached the majors in 2006, but his path to a contract extension wasn't linear.

He had only part-time playing duty in his first three seasons, and the Angels sent him to the minors midway through the 2009 season after a prolonged slump. But Kendrick bounced back solidly late that season, and he has been a dependable everyday player for the past two years.

Kendrick had a career-high 75 RBIs in 2010 while batting .279 and appearing in all but four games for the Angels.

Last season, Kendrick became the Angels' first all-star second baseman since Johnny Ray in 1988. He also is valuable for his versatility, occasionally playing first base and even starting 20 games in left field last May while Vernon Wells was injured.

Kendrick has the right to block trades to 15 teams this year, 12 in 2013, six in 2014 and four in 2015. THE ASSOCIATED PRESS

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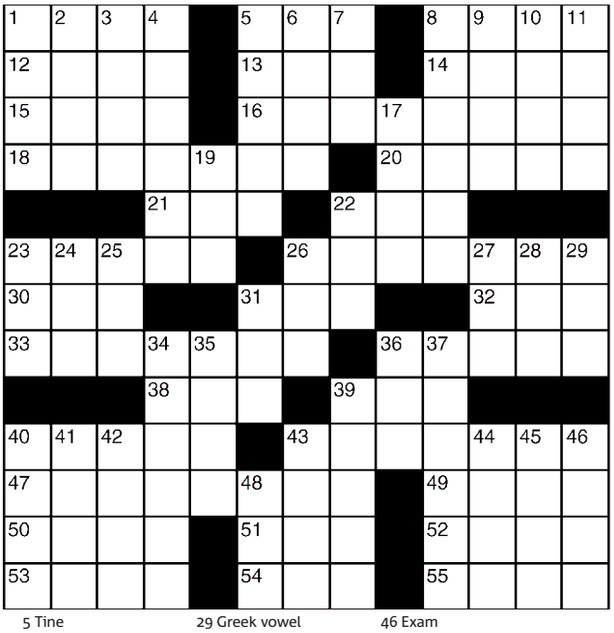

Across

1 Swiss peaks
5 Omega preceder
8 Old letter opener
12 Stead
13 Aries animal
14 Cut, as hair
15 Vend
16 Risque
18 Away from the Internet
20 Robust
21 Part of ESL
22 "— the ramparts ..."
23 Flowerless plants
26 Illegally ahead of the football
30 Bullring bravo
31 Diner order, for short
32 Collection
33 SUV's milieu, maybe
36 Ballroom favorite
38 Actress/author Sedaris
39 Rowing need
40 Part of Hispaniola
43 Eccentric
47 In the wings
49 Boleyn or Bancroft
50 El —, Texas
51 Sportscaster Cross
52 Little lice
53 Press
54 Chef Boy-Ar- —
55 Tend texts

Down

1 As well
2 Gladly
3 Money
4 Morose
5 Tine
6 Secure
7 Global currency org.
8 Uses Brillo
9 Troubles
10 Laugh-a-minute type
11 Agile
17 Staff leader?
19 Officeholders
22 Frequently
23 Egg-yung link
24 Sprite
25 Ump
26 Antiquated
27 Doctrine
28 Society newcomer
29 Greek vowel
31 Chesapeake, for one
34 Betrays
35 Leave out
36 U.K. fliers
37 Debonair
39 "The Three Faces —"
40 Kachina worshipper
41 Somewhere out there
42 In that case
43 Shrek, for one
44 Oklahoma city
45 Oppositionist
46 Exam
48 Help

▶Monday's answer

C	R	A	M		M	O	B		L	I	L	A
R	I	S	E		O	N	O		A	N	O	N
E	G	A	D		D	E	M	O	C	R	A	T
W	A	P	I	T	I		B	R	I	E	F	S
			C	A	F	E		B	E	T		
D	E	M	O	L	I	S	H		R	U	D	E
I	R	E		L	E	T	I	N		R	U	R
S	A	S	H		D	E	M	E	A	N	O	R
		D	U	B		E	A	V	E			
A	D	A	G	I	O		L	E	N	G	T	H
D	E	M	E	N	T	I	A		E	U	R	O
A	L	E	S		I	V	Y		A	R	E	S
M	I	S	T		S	E	A		S	U	E	T

Sudoku

					9		6	
4	6				5	3		
	7		4			5		
	3			4	8		7	
7								1
	9		2	1			5	
		3			6		4	
		1	7				9	8
	2		9					

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Monday's answer ▶

2	6	5	1	4	7	9	3	8
1	3	4	8	9	2	5	7	6
9	7	8	3	6	5	2	1	4
7	5	3	6	1	8	4	2	9
6	8	9	4	2	3	7	5	1
4	2	1	5	7	9	8	6	3
5	1	7	9	3	4	6	8	2
3	9	2	7	8	6	1	4	5
8	4	6	2	5	1	3	9	7

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Smor, You are the type of person I would like to call smor! Always making me laugh-a good quality to have. Love it when you protect me during our occasional walks, if you know what I mean. LOL. I probably made you do things you would have never done yourself so here is to us and for more crazy adventures together. Love you babes! **FROM CECI**

St. Joseph of Cupertino, Thanks for your help during exams! We really appreciate it, especially since we know how busy you are around that time of the year. **FROM ANIA & MADZIA**

Cliff, Hey Cliff if you see this don't give up on contacting me. I can't answer ur texts because I lost my phone. And we have no other way to find eachother so please keep trying till i get everything worked out. **FROM UNITY GIRL**

Today
4°/0°
Variable
Wednesday
6°/1°
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
You may find it difficult to focus today. But that's OK. Variety is good for you.

♉ Taurus April 21-May 21
People you live and work with will have you running in all directions today. Know when to say "no".

♊ Gemini May 22-June 21
According to the planets, you are reading too much into what is really a perfectly normal situation.

♋ Cancer June 22-July 22 You need to find a way to let off steam without turning people against you. Yes, OK, you have a right to be angry but you also need to think about your reputation.

♌ Leo July 23-Aug.23
What annoys you are trivial things that are simply not worth getting worked up about. Ignore insignificant issues today.

♍ Virgo Aug. 24- Sept. 22
People expect you to speak your mind and you certainly won't let them down over the next 24 hours.

♎ Libra Sept. 23-Oct. 23
A breakthrough may be closer than you realize.

♏ Scorpio Oct. 24-Nov. 22
Avoid getting involved in disputes that have nothing to do with you.

♐ Sagittarius Nov. 23-Dec. 21 You may be tempted to place your trust in a friend of a friend, simply because they act and sound so confident, but is that such a good idea?

♑ Capricorn Dec. 22-Jan. 20
Not everyone takes life as seriously as you, so don't be surprised if something you live or work with fails to see the gravity of your current situation.

♒ Aquarius Jan. 21-Feb. 18
Someone, somewhere is sure to feel the edge of your tongue today.

♓ Pisces Feb. 19-March 20.
Don't get uptight if someone whose support you can usually rely on fails to help you today. They have their own life and their own issues. **SALLY BROMPTON**

Caption contest

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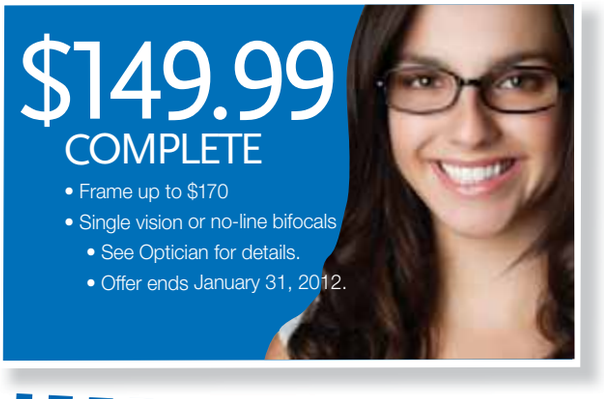

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